



David Thompson Health Advisory Council Commitments 2023 - 2026

Topic	Commitment
Seniors and Continuing Care	<p>David Thompson Health Advisory Council (DTHAC) acknowledges that understanding senior's health and continuing care services and resources is important in order to support their communities as the population ages. Council commits to:</p> <ul style="list-style-type: none"> • Host a Health Advisory Council meeting or event with a presentation on the long-term care placement process. • Invite Alberta Health Service's (AHS) Seniors and Continuing Care program and other local groups and nonprofits to present on various topics targeted at seniors. For instance, senior's safety at home, fall prevention, prescription refills, stay-at-home supports and social activities.
Addiction and Mental Health	<p>DTHAC recognizes addiction and mental health resources are available across multiple organizations and there is need to understand more about them and share within their communities. Council commits to:</p> <ul style="list-style-type: none"> • Partner with the AHS Addiction and Mental Health portfolio, school boards and other local groups to host an information session on addiction and mental health services available in the David Thompson area. • Learn about supports available for family members of patients with addiction and mental health issues. • Invite the public to hear from leaders (e.g., Royal Canadian Mounted Police, Emergency Medical Services and AHS clinicians) who can talk about the supports they provide for addiction and mental health patients.
Preventative Care	<p>DTHAC acknowledges that preventative care is important as it helps avoid illness, disease or other health problems from occurring including premature death. Council commits to:</p> <ul style="list-style-type: none"> • Host an information session about recommendations for routine health care at all ages (e.g., check-ups, vaccinations, testing and screenings) to maintain health and wellness. • Host an information session on how to prepare for difficult conversations re end-of-life, green sleeves and personal directives. • Invite the public to a HAC meeting or event to learn about acute care bed availability, physician workforce status and the process and decision-making when beds are full to build understanding on how preventative care and chronic disease management is needed to create a sustainable healthcare system.