Lakeland Communities Health Advisory Council
Commitments and Priorities 2021 - 2023

	Goals
Advisory Council Goals	Council will receive regular updates and overview of progress from the Zone Executive Leadership and the AHS board to ensure we are best serving our communities. Council commits to: • Build awareness of the Council's roles and responsibilities to the public. • Gather community input, validate it, and provide challenges and opportunities in each Council member's area to the AHS local leadership and AHS Board. • Provide opportunities for AHS to work with Councils to share information about AHS healthcare programs and services with communities. • Provide input to healthcare programs, services, or emerging initiatives.

Topic	Priorities and Commitments	Tracking
Addiction and Mental Health	Council acknowledges the efforts AHS has made and the initiatives it has implemented to improve Addiction and Mental Health Services across our region. Council commits to: • Partner with an AHS Addiction and Mental Health portfolio to host a community event to listen to the community; create awareness of the HAC; provide opportunities to engage and gather public feedback about health services; and use Together4Health to follow up with attendees and gather input. • Partner with AHS Addiction and Mental Health to share Psychological First Aid or HeartMath with our communities. • Learn about the new Rural Mental Health Project sponsored by Canadian Mental Health Association (CMHA) and Family and Community Support Services (FCSS) offices in the Council area. • Maternal health – isolation increasing postpartum depression/anxiety. Share information with indigenous communities on postpartum mental health.	Fall 2021
Seniors and Continuing Care	Council has identified that Seniors and Continuing Care services as a top priority in our Council area. Council commits to:	Spring 2022

	• Partner with AHS Seniors Health to host a community event to listen to the community; create awareness of the HAC; provide opportunities to engage public and gather feedback about health services;
	    o Invite outside agencies to partner in presentations.
	    o Use Together4Health to follow up with attendees and gather input.
	• Partner with AHS SCC/home care/other local groups. Present on senior's safety at home, fall prevention, etc.
	• Refresh our community transportation list with current available options in ~~for~~ the ~~council~~ area.	

Rural Health	Council has identified that Rural Health services as a top priority in our Council area. Council commits to: • Partner with AHS, Rural Health Professions Action Plan (RhPAP), ~~RhPAP,~~ and Primary Care Networks (PCNs) to share rural service delivery options. • Learn more about transition care plans between urban and rural zones.	Winter 2022
Indigenous Relations	Council has identified Indigenous Relations as a top priority in our Council area. Council commits to: • Partner with the Indigenous Wellness Core to promote local resources. • Hold one Council meeting in an Indigenous community.	Summer 2022
Public Health	Council has identified Public Health services as a top priority in our Council area. Council commits to: • Support AHS' pandemic recovery – reinforce public health guidelines and vaccination benefits. Stress importance to stop spread of misinformation. Share public health resources with community (i.e., hospitals remained safe for cardiovascular/diabetes/cancer treatments during the pandemic). • Request a presentation on 811 to raise Council's awareness of all the various services it provides and how well it's used in the area. Promote 811 by sharing 811 information at community events. • Partner with AHS Population and Public Health and the Medical Officer of Health to host a community event on immunizations, listening to the community; create awareness of the HAC; provide opportunities to engage with and gather public feedback about health services; and use Together4Health to follow up with attendees and gather input.	Ongoing

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