



Yellowhead East Health Advisory Council Commitments and Priorities 2021 - 2023

Goals		
Advisory Council Goals	<p>Council will receive regular updates and an overview of progress from the Zone Executive Leadership and the AHS board to ensure we are best serving our communities.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • Build awareness of the Council's roles and responsibilities to the public. • Gather community input, validate it, and provide challenges and opportunities in each Council member's area to the AHS local leadership and AHS Board. • Provide opportunities for AHS to work with Councils to share information about AHS healthcare programs and services with communities. • Provide input to healthcare programs, services, or emerging initiatives. 	
Topic	Priorities and Commitments	Tracking
Addiction and Mental Health	<p>Council acknowledges the efforts AHS has made and the initiatives it has implemented to improve Addiction and Mental Health Services across our region.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • Partner with local groups to address the needs of our communities. • Share information on resources with schools administrations, school boards, and parent groups. • Engagement session for youth to share/have a conversation on the topics of cyberbullying, self-harm, and loneliness. • Partner with municipalities and schools to promote healthy family initiatives like Move your Mood. • Encourage Central Zone to develop a directory of resources; provide input and participate in its development. 	<p>To be completed on an ongoing basis</p>
Seniors and Continuing Care	<p>Council has identified that Seniors and Continuing Care services as a priority in our Council area.</p> <p>Council commits to:</p>	<p>To be completed on an ongoing basis</p>



	<ul style="list-style-type: none"> • Partner with senior community services to identify different organizations that offer health services (i.e., foot care, transportation to appointments) and share that information with AHS Zone leadership. • Build awareness of key learnings the Council gains including topics like: prescription refills, stay-at-home supports, and the importance of social activities to stay connected. • Include resources as part of a Central Zone directory book. 	
COVID Coping Fatigue	<p>Council has identified that COVID has and will continue to affect the wellbeing of communities at different levels.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • Continuing to share information as it becomes available to local communities and networks. • Promote more wellness driven sessions. 	<p>To be completed on an ongoing basis</p>