



Building a better health system with the voice of our community

Where we are

The Greater Edmonton Health Advisory Council serves communities that range from Sherwood Park in the east, to a number of other communities including Stony Plain, Spruce Grove, Morinville, and Leduc.



Accomplishments

Council sought to partner with AHS and community services providers to gain a broader understanding of the resources available to those seeking help for mental health and addictions. We exceeded our expectations with two expert panel presentations that attracted over 120 members of the public and elicited invaluable information sharing.

GEHAC gained information about AMH supports for the homeless populations in rural and urban centres and subsequently spread this information to their networks.

Council hosted an information session to share information, resources and have a conversation about emerging youth mental health topics. A panel of professionals included Kickstand, Child and Adolescent Services Association (CASA) and John Humphrey Centre for Peace and Human Rights, who spoke about the impact of cyberbullying, self-harm and loneliness on youth's mental health.

In November 2022, Council hosted a panel of experts that addressed mental health issues faced by immigrant populations, youth, Indigenous peoples, rural Albertans and seniors. To present information Council invited experts from:

- University of Alberta Faculty of Nursing
- Plains Cree Helper from James Smith Cree Nation
- Westend Seniors Activity Centre / WESeniors Strathcona County Community Hub
- The Do More Agriculture Foundation
- Edmonton Mennonite Centre for Newcomers, Rainbow Refuge Program

Attendees learned about addiction and mental health and were provided with community resources.

Our role and objectives

Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and province-wide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the healthcare system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

Join us - your voice matters

There are a number of opportunities to participate:

- Attend an [upcoming Council meeting](#) to hear feedback, offer comments, and ask questions.
- Make a presentation at our Council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a Council member. Recruitment is ongoing throughout the year until a Council is at maximum membership. Members are appointed for a three-year term.
- Share your feedback with Council: greateredmonton@ahs.ca.



Contact us

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Chair: Kavis Reed

Vice Chair: Shakib Rahman

[Full member list](#)

Toll free: 1-877-275-8830

Scan the QR code to learn more:



More information

[AHS.ca/advisorycouncils](https://ahs.ca/advisorycouncils)

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