



Building a better health system with the voice of our community

Where we are

The True North Health Advisory Council stretches from Indian Cabins in the north to Rainbow Lake in the west, continuing eastward to Garden River and south to the Paddle Prairie Métis Settlement. The council area is a mixture of over 25 communities spread across 90,000 km of forests, fields, rivers, and lakes. Four reserves with a total of 10 First Nations communities, one Métis settlement, and a multitude of hamlets and rural communities all nestled among our rivers and lakes, and on expansive farmlands.



Accomplishments

Council hosted presentations at our public meetings about a variety of timely healthcare topics. We learned about Cancer Screening in Alberta, the North Zone Indigenous Health Program, including the innovative Indigenous Support Line [Indigenous Health Program and the innovative Indigenous Support Line](#).

In November, we had community members from across the province attend a virtual Community Conversation about The Power of Community Assets where the Senior Medical Director for Health System Integration at AHS, presented about the social determinants of health (factors outside of the healthcare system that contribute to wellness). We learned about how coordinating the health and wellness resources available at the community level benefits everyone.

Our role and objectives

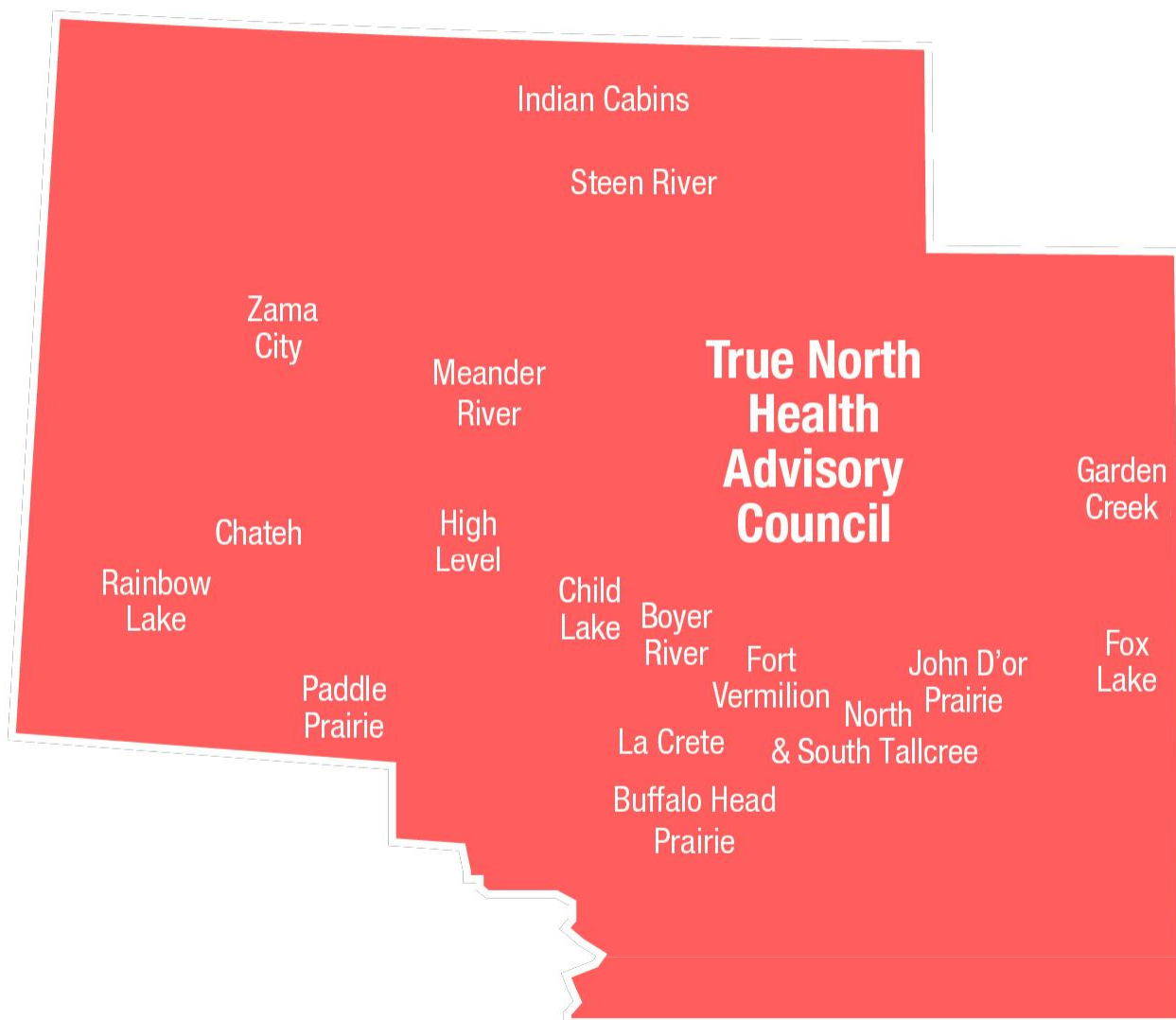
Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and province wide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the healthcare system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

Join us - your voice matters

There are a number of opportunities to participate:

- Attend an [upcoming Council meeting](#) to hear feedback, offer comments, and ask questions.
- [Make a presentation](#) at our Council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a Council member. Recruitment is ongoing throughout the year until a Council is at maximum membership. Members are appointed for a three-year term.
- Share your feedback with Council: TrueNorth@ahs.ca.



Contact us

TrueNorth@ahs.ca

Chair: [Julie Melville](#)

Vice Chair: [Liane Mercredi](#)

[Full member list](#)

Toll free: 1-877-275-8830

More information

[AHS.ca/advisorycouncils](https://ahs.ca/advisorycouncils)

[Twitter](https://twitter.com/ahs_councils) (twitter.com/ahs_councils)

[Facebook](https://facebook.com/advisorycouncils) (facebook.com/advisorycouncils)

[Indigenous communities map](#)

Scan the QR Code to learn more:

