Putting on (Donning) Personal Protective Equipment (PPE)

1. HAND HYGIENE
   - A  Using an alcohol-based hand rub is the preferred way to clean your hands.
   - B  If your hands look or feel dirty, soap and water must be used to wash your hands.

2. Gown
   - A  Make sure the gown covers from neck to knees to wrist.
   - B  Tie at the back of neck and waist.

3a. Procedure/Surgical mask
   - Secure the ties or elastic around your head so the mask stays in place.
   - Fit the moldable band to the nose bridge. Fit snugly to your face and below chin.

3b. N95 respirator
   - There are different styles of N95 respirators (pictured below). They include:
     a) molded cup, b) duckbill, c) flat-fold and d) v-fold
   - All styles have the same basic steps for donning; molded cup and duckbill are pictured below. Refer to the manufacturer for specific donning instructions.

4. Eye protection or face shields
   - Place over the eyes (or face).
   - Adjust to fit.

5. Gloves
   - Pull the cuffs of the gloves over the cuffs of the gown.

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