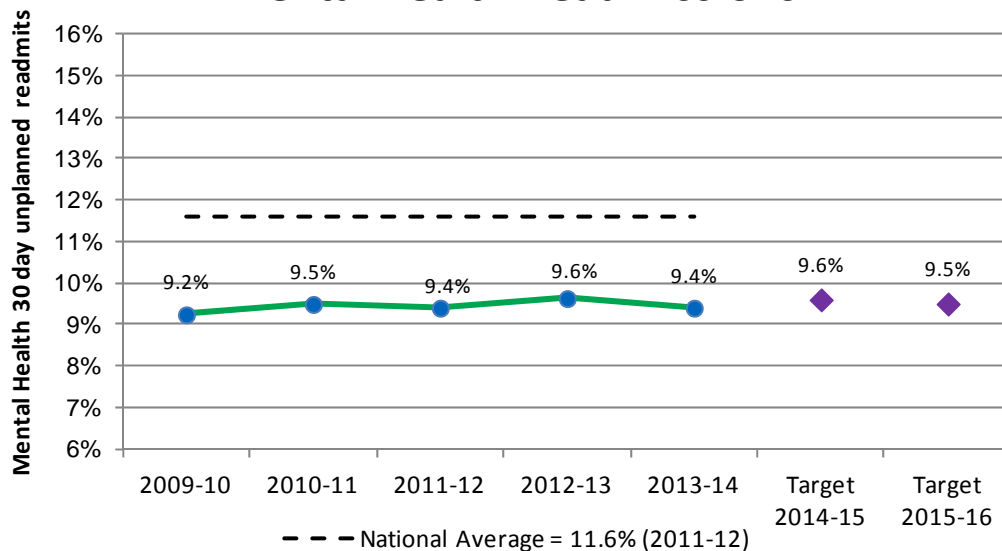


Mental Health Readmissions – Provincial Details

See below for additional zone details where available.

Mental Health Readmissions



Measure Definition

Mental Health Readmissions: The percentage of patients who have mental health disorders with unplanned readmission to hospital within 30 days of leaving hospital. Excludes patients who have mental health disorders who require scheduled follow-up care.

AHS is performing better than the national average of 11.6%.

Understanding this Measure

Hospital care for people diagnosed with a mental illness typically aims to stabilize acute symptoms. Once stabilized, the individual can be discharged, and subsequent care and support are ideally provided through primary care, outpatient and community programs in order to prevent relapse or complications.

While not all readmissions can be avoided, monitoring readmissions can assist in monitoring of appropriateness of discharge and follow up care.

2014-15 Actions:

- Create and enhance community capacity for children’s mental health access to scheduled level of services, Mental Health in Supportive Living, P150 Housing for Vulnerable Albertans (provides care to the group of people with complex needs who are hard to house), and Family Violence Services.
- Increase the number of detoxification and addiction residential treatment beds.
- Increase the utilization of Telemental Health in providing concurrent disorder education to staff.
- Complete follow-up audit on recommendations by Office of Auditor General.
- Develop and deliver environmental risk assessment training on suicide and elopement for inpatient acute Addiction and Mental Health units.
- Reduce hospitalization for Community Treatment Orders (CTO) clients with a mental disorder one year post CTO issuance.
- Enhance prevention and promotion services through the *Mental Health Wellness - Knowledge Exchange* event.
- Support and maintain community coalitions to develop and implement local actions to reduce alcohol related harms in alignment with the Alberta Alcohol Strategy.
- Deliver AHS prevention activities through the *Safe Communities School-Based Prevention Initiative*.

Examples of local initiatives include:

- Develop Aboriginal Mental Health Strategy and service area based action planning.

Mental Health Readmissions – Zone Details

The percentage of patients who have mental health disorders with unplanned readmission to hospital within 30 days of leaving hospital. Excludes patients who have mental health disorders who require scheduled follow-up care.

Zone	2009-10	2010-11	2011-12	2012-13	2013-14	2014-15 Target	2015-16 Target
Provincial	9.2%	9.5%	9.4%	9.6%	9.4%	9.6%	9.5%
South	11.8%	10.4%	10.2%	9.1%	9.7%	9.1%	9.1%
Calgary	8.5%	8.9%	9.0%	9.9%	9.3%	9.9%	9.8%
Central	8.7%	9.9%	8.6%	9.6%	9.1%	9.6%	9.6%
Edmonton	8.4%	8.3%	7.9%	8.1%	9.0%	8.1%	8.1%
North	10.3%	11.4%	12.5%	11.6%	10.4%	11.4%	11.0%