

# Helping Kids & Youth in Times of Emotional Crisis

## What is this about?

Across Alberta, many children and youth are going to the emergency room (ER) when they are experiencing an emotional crisis, often related to substance use or a mental health issue. To better understand patient's experiences, the Addiction and Mental Health and Emergency Strategic Clinical Networks have created a survey for children, youth and their families.

## We want to hear from you!

AHS has created surveys for children, youth, and their families. Two surveys are available:

- For individuals who visited the ER between the ages of 15 and 24
- For families who have visited the ER with a child between the ages of 7 and 24

Each survey will ask what led to the ER visit, what help you hoped for and received, and what happened when you left. This will help AHS map out a patient's journey to improve care for children, youth, and their families.

## Thank you for your time!

Addiction and mental health care for children, youth, and their families is a priority for AHS. The survey results will be used to identify opportunities for improvement that, once implemented, will create meaningful change.

## Do you have questions?

We really appreciate your time in helping us understand what people experience when they go to the ER. If you have any questions or would like additional information, please contact Marni at [marni.bercov@ahs.ca](mailto:marni.bercov@ahs.ca)

## Find the surveys here:

Youth Survey Link – [survey.ahs.ca/KidsYouth](https://survey.ahs.ca/KidsYouth)

Family/Caregiver Survey Link – [survey.ahs.ca/FamilyCaregiver](https://survey.ahs.ca/FamilyCaregiver)