

## Team Action Plan for Delirium Prevention

How is your facility is doing in the following areas?	Needs Improvement	Average	Great
Appropriate use of Antipsychotics			
Support sleep, reduce sedatives			
Medication review to reduce pill and anticholinergic burden			
Appropriate use of Drugs for Bugs			
Reduced stress: pain			
Reduced stress: overstimulation (e.g. call bells, bed alarms, dining room noise)			
Reduced stress: consistent care providers			
Reduced stress: minimal use of physical restraints			
Support of hydration			
Support of nutrition			
Other:			

1. Rate your facility/unit.
2. Compare results as a team.
3. What are you doing well as a facility/unit? Celebrate!
4. Decide as a team what to focus on to reduce delirium in your facility/unit.
5. Determine next steps (see reverse)
6. Share your next steps!

<b>We plan to focus on:</b>	
<b>Steps to Culture Change</b>	<b>Action Plan: Who will do what, by when?</b>
<p><b>Stakeholders and Champions:</b> Who can help you?</p> <p>Who needs to be part of the change?</p>	
<p><b>Awareness:</b> How will you raise awareness of the problem?</p>	
<p><b>Desire:</b> What are your obstacles?</p> <p>How can you create desire for change?</p>	
<p><b>Knowledge:</b> What information does staff need to understand?</p> <p>How/when will you share it?</p>	
<p><b>Ability:</b> What new skills/habits need to be developed?</p> <p>What resources can help?</p>	
<p><b>Reinforcement:</b> How will you make it easier to change?</p> <p>How will you make it harder to stay the same?</p>	