

Management of Residents with Diarrhea in Continuing Care

Central Zone Infection Prevention and Control (IPC)

Stool Output/Assessment		
Last BM Date	16/09/2023	
Stool Amount		
Stool Consistency		
Stool Appearance		Hard separate lumps
Stool Colour		Lumpy sausage
Unmeasured Stool Occurrence		Cracked sausage
Bowel Incontinence	No	No
Stool (mL)		Smooth soft sausage
		Soft blobs
		Fluffy pieces in liquid
		Watery (no solid pieces)
		Next Row

Document consistency and frequency of stool to determine NEXT STEPS

Suspect Gastrointestinal Illness (GI)

2 or more episodes of fluffy pieces in liquid or watery stool in a **24-hour** period, which is new or unusual for the resident
OR
1 episode of bloody diarrhea

Initiate Precautions

CONTACT PRECAUTIONS CONTINUING CARE

SINGLE ROOM RECOMMENDED WITH DEDICATED EQUIPMENT

EVERYONE MUST:

Clean hands when entering and leaving room

STAFF MUST:

- Wear gown and gloves when providing direct care
- Change gown and gloves on leaving room

VISITORS MUST:

- Check with nursing staff before entering room
- Wash gown and gloves when providing direct care
- Change gown and gloves on leaving room

RESIDENTS:

- When residents must leave their room, wear clean clothing

- ✓ Collect stool sample and document frequency and consistency of bowel movements
- ✓ Refer to the Continuing Care Resource Manual

Does the patient have loose or watery stool?

Fluffy pieces in liquid or watery stool
 (Type 6 or 7 on the Bristol Stool Chart)

Suspect *Clostridioides difficile* Infection (CDI)

3 or more episodes of fluffy pieces in liquid or watery stool in a **24-hour** period, which is new or unusual for the resident
OR
6 or more fluffy pieces in liquid or watery stool in a **36-hour** period, which is new or unusual for the resident

Initiate Precaution

Diarrhea and vomiting →

CONTACT PRECAUTIONS SPORICIDAL CLEAN

DROPLET and CONTACT PRECAUTIONS CONTINUING CARE

SINGLE ROOM RECOMMENDED WITH DEDICATED EQUIPMENT

EVERYONE MUST:

Clean hands when entering and leaving room

STAFF MUST:

- Wash hands, use protection, when within 2 meters (6 feet) of resident
- Wear gown and gloves when providing direct care
- Change gown and gloves on leaving room

VISITORS MUST:

- Check with nursing staff before entering room
- Wear mask, eye protection, when within 2 meters (6 feet) of resident
- Wash gown and gloves when providing direct care
- Discard FULL PPE on leaving room

RESIDENTS:

- When residents must leave their room, wear clean clothing and procedural mask

- ✓ Collect stool sample and document frequency and consistency of bowel movements
- ✓ Refer to CDI Management on Central Zone tab for further information
- ✓ Refer to the Continuing Care Resource Manual

Do you need to consider a GI/CDI outbreak?

2 or more people with onset of similar symptoms in a **48-hour** period
 Refer to [MOH - Central Zone | Alberta Health Services](#) for additional resources

Discontinue precautions when resident has been without symptoms for 48 hours and has had at least one normal or formed bowel movement

For more information contact: ipccenzadmin@ahs.ca

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