

# JOIN US!

for the 3<sup>rd</sup> Annual  
South Health Campus Fun Run

FREE

# Kids Zone



Saturday September 10<sup>th</sup> 2016

**FREE KIDS ZONE 9:30AM-1:00PM**

REGISTER IN ADVANCE FOR:

Healthy Cooking Demos • Child-Minding (6months+) • Family Zumba • Active Family Yoga & Meditation • Art & Wellness

DROP IN FOR:

Photo Booth • Face Painting • Balloon Sculpting • Kids Hockey • Drumming • Story Time & Book Mobile • Kids Run • Play Time • Cast Clinic • Painting • Rock Climbing

FUN RUN 10am start!

- Registration Open! \$10 (under 16 free) • 5 or 10k • Kids Run
- All ages/abilities/pets welcome • Awards assembly

*For Kids' Zone activities register at: <http://app.booking.ca/bkshcwellnesspub>*

*OR call 403-956-3939*

*For Fun Run register at: [calgaryhealthtrust.ca/SHCrn](http://calgaryhealthtrust.ca/SHCrn)*

Brought to you by:



# JOIN US!

for the 3rd Annual South Health Campus Fun Run & Kids' Zone

September 10th, 2016



South Health Campus  
4448 Front Street SE

Register for the run/walk at  
[calgaryhealthtrust.ca/SHCrun](http://calgaryhealthtrust.ca/SHCrun)

Register for Kids' Zone activities at:

<http://app.booking.ca/bkshcwellnesspub/>



## MUST REGISTER IN ADVANCE (FREE)

\*Some limited drop-in spaces available

<http://app.booking.ca/bkshcwellnesspub>

Child-minding (Ages: 1.5-8; 2hr maximum)	9:30am – 1:00pm	YMCA MP Room 2
Art and Wellness (Ages: 5+)	10:00am – 10:30am	Wellness Centre Room 180006
	12:15pm – 12:45pm	
Healthy Cooking Demos with Nutrition and Culinary Solutions	10:30am – 11:00am	Wellness Kitchen
	12:00pm – 12:30pm	
Active Family Yoga and Meditation	10:15am – 11:00am	YMCA MP Room 1
Family Zumba	12:30pm – 1:00pm	YMCA MP Room 1

## DROP IN (FREE); NO REGISTRATION REQUIRED:

Rock Climbing Wall (8-14yrs)	9:30am -11:30am	Climbing Wall
Occupation Photo Booth	9:30am – 1:00pm	Wellness Centre
Face Painting	9:30am – 1:00pm	Wellness Centre
Bug Free Zone: Hand Washing Station	9:30am – 1:00pm	Wellness Centre
Tiny Tots Play (0-5yrs)	9:30am – 1:00pm	Wellness Centre Room 180010
Team Awards	10:00am start	Market Café Courtyard
Kids Race (3-7yrs)	10:00am start	Market Café Courtyard
Calgary Public Library Book Mobile & Story Time	10:00am – 1:00pm	Wellness Centre Courtyard
Youth Bus (12-22yrs)	10:00am – 1:00pm	Outside, Near Wellness Centre Courtyard
Cast Clinic (2yrs - 17)	10:00am – 1:00pm	Wellness Centre
Create a Mural	10:45am – 11:45am	Wellness Centre Room 180006
Rock Climbing Wall (3-7yrs)	11:35am – 12:30pm	Climbing Wall
Balloon Sculpting	11:00am – 1:00pm	Wellness Centre
Therapeutic Family Drumming	11:30am – 12:00pm	YMCA MP Room 1
Kids Hockey (4-7yrs)	11:30am – 12:00pm	Wellness Centre Sport Court
Kids Hockey (8-14yrs)	12:00pm – 12:30pm	Wellness Centre Sport Court