



UPDATES TO PROVINCIAL ADULT GYNECOLOGY REFERRAL PATHWAY

October 16, 2025

- New colposcopy category and reason for referral added: high-risk HPV

September 8, 2025

- New mandatory investigations for pelvic mass: "Pelvic ultrasound or MRI" and new mandatory information for suspected malignant mass if tumor markers are abnormal
- More information on when to suspect malignancy in a pelvic mass
- New process in **Edmonton zone** for Post Menopausal Bleeding and Endometrial thickening: refer direct to gynecology **OR** refer to zone FAST team for colposcopy

February 28, 2025

- New reason for referral: Endometrial thickening
- Removal of adnexal mass (added as an example of pelvic mass)
- Updated process and mandatory information for pelvic mass and vulvar lesion
- Links to the ARD pages for gynecologic oncology

January 20, 2025

- Process for Lethbridge area updated for all reasons for referral

December 12, 2024

- Update process for Calgary Zone
- Add links to the new Provincial Female Urinary Incontinence Clinical Pathway

October 24, 2024

- Update to QR code on page 1
- Addition of Cervical Lesion as a new category for referral. Addition of Cervical Polyp as a new reason for referral under this category.
- Importance of reporting pelvic/physical exam findings moved to mandatory information for many conditions on the list of reasons for referral. Guidance provided about what to do if a pelvic exam cannot be completed.
- Post void residual (PVR) results moved from mandatory to extra information for Female Urinary Incontinence.
- Highlighted that a new Provincial Female Urinary Incontinence Clinical Pathway will soon be available.
- For several reasons for referral (e.g., abnormal uterine bleeding), Ferritin moved from mandatory to extra information.
- Addition of Endometrial hyperplasia (without atypia) to list of reasons for referral.
- PCOS clinical pathway linked as a resource for Amenorrhea and Oligomenorrhea.
- Pelvic Mass divided into two reasons for referral: Pelvic Mass (suspected benign and suspected malignant) and Pelvic Mass (confirmed malignancy).
- Addition of information to Adnexal Mass about what the structures of the adnexa include.
- Addition of Adnexal Mass (confirmed malignancy) to list of reasons for referral.
- Rationale provided about the need for transvaginal ultrasound results for patients being referred for Adnexal Mass.
- Updated Edmonton Zone process for Cancer Risk Reducing Gynecological Surgery
- Updated Calgary Zone process for Recurrent Pregnancy Loss.



- Addition of Intrauterine Device Procedure (IUDs Insertion and removal) as a reason for referral.

May 23, 2024

- Updated branding and formatting to align with new branding.
- Updated process to align with launching of FAST in South, Central, Calgary and North Zones.
- Updated process for Edmonton Zone for all reasons outside of colposcopy to refer directly to gynecology as per current zonal practice.
- Addition of oligomenorrhea to list of reasons for referral.
- Updated process for PCOS to reflect most appropriate symptom i.e. oligomenorrhea, amenorrhea, or infertility.
- Updated process for Infertility to reflect referring provider and patient choice between fertility specialist and general gynecology.
- Updated Calgary Zone processes for colposcopy and genitourinary as per direction from Calgary zone.
- Addition of Chronic Pain section: moved pain the pelvis and vulvar pain disorder to this category.
- Updated mandatory information for Pain in the Pelvis and Vulvar Pain Disorder.
- Updated additional information column title to reflect the information included in this referral pathway, will now be called “extra information and resources”.
- Highlighted future availability of PCOS Clinical Pathway.