

Provincial Adult Gynecology Referral Pathway

EMERGENCY CONSULTATION

(Patient **NEEDS** to be seen immediately)

- Call **RAAPID** or send to **Emergency Department** as appropriate.

URGENT ADVICE

(Patient may need to be seen immediately. Patients with conditions that require same day intervention and/or diagnostics but not hospitalizations and not life threatening.)

- **North Zone:** Call RAAPID North: 1-800-282-9911.
- **Edmonton Zone:** Call RAAPID North: 1-800-282-9911.
- **Central Zone:** For patients **North of Red Deer**, call RAAPID North: 1-800-282-9911. For patients **in and South of Red Deer**, call RAAPID South: 1-800-661-1700.
- **Calgary Zone:** RAAPID 1-800-661-1700
- **South Zone:** Call RAAPID 1-800-661-1700 or Gynecologist on Call.

REVIEW CLINICAL PATHWAY

(If available)

A clinical pathway may be available for your patient's condition. Please use the information to help support care decisions:

Provincial

- [Provincial Abnormal Uterine Bleeding Clinical Pathway](#)
- [Provincial Post-Menopausal Bleeding Clinical Pathway](#)

Calgary Zone

- [Bleeding After Pregnancy Clinical Pathway](#)
- [Female Urinary Incontinence Clinical Pathway](#)

If you have any questions while using a clinical pathway or if a clinical pathway is not available reach out and seek advice.

ASK FOR ADVICE

(Specialists provide advice to physicians for non-urgent questions)

If you have been directed to seek Advice or need to connect with a Specialist:

By electronic advice (Response within 5 calendar days):

Use **Alberta Netcare eReferral Advice Request** and submit requests. For more information, go to: albertanetcare.ca/eReferral.htm

By telephone advice:

North & Edmonton Zones - (calls returned within 48 hours):

Call **ConnectMD** at 1-844-633-2263 or go online to pcnconnectmd.com for more information.

Calgary Zone – (calls returned within 1 hour):

Visit specialistlink.ca to request tele-advice, and for more information. Tele-advice is available Monday to Friday (except statutory holidays).

NON-URGENT CONSULTATION

(Patient does **NOT** need to be seen urgently)

- Indicate a clear reason for referral and all required information as outlined under **Mandatory Info (Essential investigations & timeframes)**.
- See QuRE Referral/Consult Checklist (ahs.ca/QuRE) for high-quality referral guidelines.
- **Coming Soon** Alberta Facilitated Access to Specialized Treatment (FAST) will be accepting referrals via fax. Until launch, please use albertareferraldirectory.ca for referral information.

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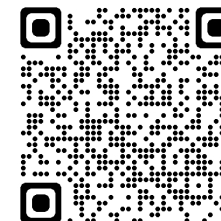
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PROGRAM CONTACTS			
Program	Phone Number	Fax Number	Location
Urgent Tele-Advice			
RAAPID North	1-800-282-9911		
RAAPID South	1-800-661-1700		
Non- Urgent Tele-Advice			
Specialist Link	www.specialistlink.ca		For patients in Calgary Zone
Connect MD	1-844-633-2263 www.pcnconnectmd.com		For patients in North and Edmonton Zone
FAST Offices			
North Zone FAST ¹ Team	1-833-553-3278 Ext. 1	Coming Soon 1-833-627-7025	
Edmonton Zone FAST Team	1-833-553-3278 Ext. 2	Coming Soon 780-643-1491	
Central Zone FAST Team	1-833-553-3278 Ext. 3	Coming Soon 1-833-627-7022	
Calgary Zone FAST Team	1-833-553-3278 Ext. 4	Coming Soon 1-833-627-7023	
South Zone FAST Team	1-833-553-3278 Ext. 5	Coming Soon 1-833-627-7024	

This referral pathway was created and is updated through a co-design process with primary care, specialty care and patients. We value any feedback you have that would assist in improving this referral pathway for the future. Please share your comments [here](#) or use the QR code.



¹ Facilitated Access to Specialized Treatment (FAST)

CERVICAL FOR COLPOSCOPY

Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
CERVICAL LESION SUSPECTED BENIGN		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. 	<ul style="list-style-type: none"> Description of cervix abnormalities² 	
CERVICAL LESION SUSPECTED MALIGNANT Solid, Friable, Fungating	2 weeks			

ABNORMAL FINDINGS ON PAP SMEAR FOR COLPOSCOPY

ASCUS ON PAP SMEAR WITH POSITIVE HPV TEST (ASCUS HPV +)	6 months	<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. 	<ul style="list-style-type: none"> Pathology Report Description of cervix abnormalities (if any)¹ 	
LSIL ON PAP SMEAR WITH POSITIVE HPV TEST (LSIL HPV +)	6 months			
ASCUS ON PAP SMEAR Includes Persistent	6 months			
LSIL ON PAP SMEAR Includes Persistent	6 months			
ASCH ON PAP SMEAR (ASCH)	3 months			
ATYPICAL GLANDULAR CELLS ON PAP SMEAR (AGC)	3 months			
HSIL ON PAP SMEAR (HSIL)	3 months			
ADENOCARCINOMA IN SITU OF CERVIX (AIS)	3 months			

² If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#).

GENITOURINARY				
Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
URINARY INCONTINENCE		<p>Refer to CLINICAL PATHWAY: FEMALE URINARY INCONTINENCE</p> <ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. 	<ul style="list-style-type: none"> Pelvic Ultrasound with PVR. Previous treatment initiated (if any). Within course of illness <ul style="list-style-type: none"> Urinalysis Urine Culture Pelvic Exam findings³ including a description of findings such as: <ul style="list-style-type: none"> Description of vulva When patient coughs is there leakage? Description of prolapse. 	<ul style="list-style-type: none"> Refer to Trauma Informed Exam Guide If unable to complete a trauma informed pelvic exam, indicate reasoning, and provide additional information in a referral letter: <ul style="list-style-type: none"> Intact hymen Severe vaginismus. Post trauma informed discussion, patient still experiencing severe anxiety around pelvic examination.
PELVIC ORGAN PROLAPSE		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. 	<ul style="list-style-type: none"> Pelvic Exam findings² including a description of findings such as: <ul style="list-style-type: none"> Size of prolapse. Relevant findings Previous treatment initiated. 	<ul style="list-style-type: none"> Refer to Trauma Informed Exam Guide If prolapse is stage 4 (uterus is grapefruit to basketball size) order creatinine to rule out post-renal obstruction

³ If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#).

GENITOURINARY				
Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
VESICO-URETHRAL FISTULA		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.	<ul style="list-style-type: none">Detailed History<ul style="list-style-type: none">SurgeryObstetrical HistoryPelvic InterventionPelvic Exam findings⁴ including a description of findings such as:<ul style="list-style-type: none">Abnormal appearing vaginal mucosa.Evidence of female genital cuttingDescription of findingsNo imaging required for referral.	<ul style="list-style-type: none">Refer to Trauma Informed Exam GuideAny imaging will be ordered by specialist as necessary
MESH COMPLICATIONS (FROM PREVIOUS PROLAPSE REPAIR OR INCONTINENCE REPAIR)			<ul style="list-style-type: none">Pelvic Exam Findings³ including a description of findings such as:<ul style="list-style-type: none">Description: exposed foreign body or mesh.Patient symptoms (if any)	<ul style="list-style-type: none">Refer to Trauma Informed Exam GuideSurgical history and OR report if available
MENSTRUAL/UTERINE ABNORMALITIES				
ABNORMAL UTERINE BLEEDING (AUB) Includes: Menorrhagia		<ul style="list-style-type: none">Refer to CLINICAL PATHWAY ABNORMAL UTERINE BLEEDINGRefer to CLINICAL PATHWAY POST-MENOPAUSAL BLEEDINGSend referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.	<ul style="list-style-type: none">Pelvic Exam Findings³CBC/FerritinTransvaginal Ultrasound Report⁵	<ul style="list-style-type: none">Refer to Trauma Informed Exam GuidePap TestSTI ScreeningEndometrial biopsy (if available) > 40 years old or < 40-year-old with significant risk factors present.
AMENORRHEA		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.		Within 1 year <ul style="list-style-type: none">FSH, TSH, bHCG, ProlactinTreatments to date (progesterone challenge)

⁴ If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#).

⁵ If transvaginal ultrasound not available/ appropriate, then trans abdominal pelvic ultrasound is acceptable.

MENSTRUAL/UTERINE ABNORMALITIES

Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
ADENOMYOSIS		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. <p>If related to Infertility, please refer to the reason for referral for process.</p>	<ul style="list-style-type: none"> Available Imaging results CBC/Ferritin if abnormal bleeding Pelvic Exam Findings⁶ 	<ul style="list-style-type: none"> Refer to Trauma Informed Exam Guide
DYSMENORRHEA		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. 	<ul style="list-style-type: none"> Transvaginal Ultrasound Report⁷ 	<ul style="list-style-type: none"> CBC, Ferritin if heavy menstrual bleeding.
PELVIC MASS (SUSPECTED MALIGNANCY ON IMAGING REPORT)		<ul style="list-style-type: none"> Refer to Gynecology Oncology as per current zonal practice. 		
PAIN IN THE PELVIS (GYNECOLOGICAL CAUSE SUSPECTED) Chronic (>6months) and not related to menses.		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. <p>For Complex Chronic Pain please refer to Alberta Referral Directory for Referral Information</p>	<ul style="list-style-type: none"> Pelvic Exam Findings⁵ Transvaginal Ultrasound Report⁶ 	<ul style="list-style-type: none"> Refer to Trauma Informed Exam Guide
POST MENOPAUSAL BLEEDING		<ul style="list-style-type: none"> Refer to CLINICAL PATHWAY POST-MENOPAUSAL BLEEDING Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. 	<ul style="list-style-type: none"> Pelvic Exam⁵ Transvaginal Ultrasound Report⁶ 	<ul style="list-style-type: none"> Endometrial biopsy is not required. If available, please send results. CBC/Ferritin
UTERINE FIBROID Symptomatic and Clinically Concerning		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. <p>If related to Infertility, please refer to the reason for referral for process.</p>	<ul style="list-style-type: none"> Transvaginal Ultrasound Report⁶ CBC/Ferritin if abnormal bleeding. Pelvic Exam Findings⁵ 	<ul style="list-style-type: none"> Refer to Trauma Informed Exam Guide
UTERINE POLYP				

⁶ If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#).

⁷ If transvaginal ultrasound not available/ appropriate, then trans abdominal pelvic ultrasound is acceptable.

OVARIAN				
Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
ADNEXAL MASS		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.	<ul style="list-style-type: none">SymptomsTransvaginal Ultrasound Report⁸	<ul style="list-style-type: none">Tumor markers not routinely indicated and may be ordered by specialist as appropriate.Refer to Choosing Wisely
MANAGEMENT OF PRIMARY OVARIAN INSUFFICIENCY (PREMATURE OVARIAN FAILURE)			<ul style="list-style-type: none">FSH >40 x2 (minimum one month apart) for initial diagnosisTSH	<ul style="list-style-type: none">Extent of symptoms
POLYCYSTIC OVARY SYNDROME (PCOS)			<ul style="list-style-type: none">Transvaginal Ultrasound Report⁷CBC/Ferritin if abnormal bleeding.Pelvic Exam Findings⁹	<ul style="list-style-type: none">Refer to Trauma Informed Exam Guide
CANCER RISK REDUCING GYNECOLOGICAL SURGERY			<ul style="list-style-type: none">Personal or Family history of cancer	<ul style="list-style-type: none">Confirmed high risk mutation (i.e.: BRCA)Genetics report if available
REPRODUCTIVE HEALTH				
CONTRACEPTION Includes: Birth control, request for tubal ligation.		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information. OrPatient self-referral to sexual and reproductive health clinic if available within zone. See Alberta Referral Directory for information of services provided.		
INFERTILITY		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.OrRefer to Fertility Specialist as per local zonal processes.		
RECURRENT PREGNANCY LOSS Definition: 3 or more consecutive miscarriages with the same partner in patients under age 35 or 2 consecutive miscarriages with the same partner in patients over age 35.			<ul style="list-style-type: none">Pregnancies and outcomes	

⁸ If transvaginal ultrasound not available/ appropriate, then trans abdominal pelvic ultrasound is acceptable.

⁹ If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#).

VULVOVAGINAL				
Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
VAGINITIS Includes: Recurrent bacterial vaginosis (BV).		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.	<ul style="list-style-type: none">Vaginal Swab Results	<ul style="list-style-type: none">Previous treatment and number of treatments and response
VULVAR/VAGINAL ABNORMALITIES Includes: Anatomic abnormalities, Labia hypertrophy (symptomatic), Obstetrical trauma, Agglutination			<ul style="list-style-type: none">Description of physical exam findings¹⁰	
VULVAR LESION (CONFIRMED MALIGNANCY) Pathology confirms malignancy			<ul style="list-style-type: none">Refer to Gynecology Oncology as per current zonal processes.	
VULVAR LESION (SUSPECTED MALIGNANCY)	<3weeks	<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.	<ul style="list-style-type: none">Description of physical exam findings⁸	
VULVAR SKIN ABNORMALITIES Includes: Rash, Lichen, Skin Discoloration, Pigmentation changes			<ul style="list-style-type: none">Include description of skin abnormality	<ul style="list-style-type: none">Biopsy results if available
VULVAR PAIN DISORDERS				
TRANSGENDER CARE				
TRANSGENDER CARE		<ul style="list-style-type: none">Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.		Additional Resources include: <ul style="list-style-type: none">Skipping StoneRainbow Health OntarioSherbourne Health Trans Health Care - Sherbourne Health
RECONSTRUCTIVE AFFIRMING HYSTERECTOMY				
POST RECONSTRUCTIVE CONCERNS				

¹⁰ If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#)

MENOPAUSE				
Reason for Referral	Access Target	Process	Mandatory Information	Additional Information if available
ATROPHIC VAGINITIS		<ul style="list-style-type: none"> Send referral to Zone FAST Team. 	<ul style="list-style-type: none"> Description of physical exam findings¹¹ 	<ul style="list-style-type: none"> Treatments to date
VASOMOTOR SYMPTOMS		Coming Soon. Prior to launch use Alberta Referral Directory for referral information.		<ul style="list-style-type: none"> Treatments to date Recent mammogram, please order if not up to date.
OTHER				
OTHER CONSULT FOR GYNECOLOGY SURGERY		<ul style="list-style-type: none"> Send referral to Zone FAST Team. Coming Soon. Prior to launch use Alberta Referral Directory for referral information.	<ul style="list-style-type: none"> Include QuRE Quality referral letter to describe reason for referral 	

¹¹ If unable to complete pelvic exam, please include reason. Please refer to [Trauma Informed Exam Guide](#) .