

Comfort Positioning - Infants

Comfort positioning is a practice that allows infants to receive active support and comfort from their caregivers reducing discomfort and promoting comfort.

Comfort Menu

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| <input type="checkbox"/> Parental presence | <input type="checkbox"/> Facilitated tucking | <input type="checkbox"/> Kangaroo care |
| <input type="checkbox"/> Parent snuggles | <input type="checkbox"/> Sucrose/breast feeding | <input type="checkbox"/> Dim lights |
| <input type="checkbox"/> Topical anesthetic | <input type="checkbox"/> Soother | <input type="checkbox"/> Volunteer cuddles |
| | <input type="checkbox"/> Music | |



Swaddling and facilitated tucking

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| <ul style="list-style-type: none"> • Provides boundaries to promote the feeling of safety • Promotes self-calming • Parent holding whenever possible | <ul style="list-style-type: none"> • Close contact with caregiver providing gentle patting, soothing, rhythmic voice or sounds • Swaddle leaving limb out for procedure | <ul style="list-style-type: none"> • Sucrose or breastfeeding 2 minutes before • Topical anesthetics encouraged when appropriate • Offer pacifier during procedure |
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