

Long Term Care Formulary	RS - 03
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SECTION	SUBJECT		PAGE	
RESTRICTED USE	buspirone (BuSpar®)		1 of 1	
	Original Revised Reviewed/Revised Reviewed/Revised	98 00 05 14	MM 04 05 11	DD 30 02 24 27

PROTOCOL

Approved for use under the following conditions;

- 1. Patients with a history of substance abuse. (See below regarding benzodiazepines)
- 2. Patients on CNS depressants and with decreased functional capacity due to CNS depressants.
- 3. Patients with severe chronic pulmonary insufficiency.
- 4. Patients who have failed a short term trial of benzodiazepines or have displayed intolerance to benzodiazepines.
- 5. Patients who require augmentation of their anti-depressant therapy.

The following are situations where buspirone is not effective:

- Buspirone has not been found to be very effective in patients who have previously used benzodiazepines.
- Buspirone is not effective on a prn basis, as it takes 1-2 weeks of chronic therapy to demonstrate an effect.
- Buspirone has not been found to be effective in panic disorders.
- Buspirone is not effective as a hypnotic, muscle relaxant or anticonvulsant. Benzodiazepines are usually effective for these disorders.

Note: Contraindicated in Parkinson's disease.

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