Child Care Menu Planning with Canada's Food Guide Food Safety

Preparing and storing food safely to prevent foodborne illness is important in early learning and childcare centers.



Programs that provide food to 10 or more children are required to follow the <u>Food</u> Regulation.



Refer to the guide developed by Environmental Public Health in Alberta Health Services: <u>Health and Safety Guide for Operators of Child Care Facilities (albertahealthservices.ca)</u> on pages 14 and 15 for more information on Food Safety.

The following courses are available for those responsible for food preparation:

- Approved food safety courses are available at this link: Recognized food safety courses in Alberta
- Additional food basic courses are available at this link (note that the free courses do not meet Sec 31 requirements of the Food regulation): <u>Take a Course | Alberta Health</u> Services



To receive notifications for new and updated food recalls and alerts, visit: Recalls, advisories and safety alerts

© 2024 Alberta Health Services, Nutrition Services

This work is licensed under a <u>Creative Commons Attribution-Non-commercial Share Alike 4.0 International license</u>. The licence does not apply to AHS trademarks, logos or content for which Alberta Health Services is not the copyright owner.

This material is intended for general information only and is provided on an "as is", "where is" basis. Although reasonable efforts were made to confirm the accuracy of the information, Alberta Health Services does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. Alberta Health Services expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.