

What Matters to You? conversations



Talking about what matters to your patients improves health outcomes, follow through and experience. Like all of us, what we care about impacts what we do. Find out what matters—make the connection.



Listen to learn. We are all motivated by different things. Maybe it's being a grandparent, returning to exercise or getting back to what you love. Finding out what keeps your patients going can make a big difference.



Check for understanding. Dig a little deeper if you're not sure. Support your patient to make the connection between what matters to them and their current health concern. Help them problem solve what might be getting in the way of what matters most.



You've listened to and talked about what matters to your patients, but now what do you do with this information? Note it and share it with other members of the care team.

