

# Post COVID Rehabilitation for Post-Acute and Continuing Care FAQ

## Table of Contents

Where do I get more information about post COVID rehabilitation? .....	1
Who can complete screening for post COVID symptoms in continuing care? .....	1
What do we do with the completed screening information? .....	2
Is the screening tool available in the electronic medical record (EMR) or does it need to be completed on paper? .....	2
How frequently is screening completed?.....	2
Is this a duplication of other information we gather through existing assessment tools used in Continuing Care? .....	2
Will we be able to pull data?.....	3
Who is the target patient population for completion of the screening tool?.....	3
Where can I find more education about post-COVID? .....	3
What are the top ways rehab needs/interventions may be different for a post-covid patient than other populations? .....	3

### Q Where do I get more information about post COVID rehabilitation?

- A
- Health care professionals can access additional information on the [Recovery & Rehabilitation after COVID-19: Resources for Health Professionals](#) website.
  - Patients can access additional information on the [Getting Healthy after COVID-19 website](#).

### Q Who can complete screening for post COVID symptoms in continuing care?

- A
- Patients and/or their health care provider can complete the screening.
  - The health care provider can utilize other resources, including the patients alternate decision maker, health care team and clinical documentation, for patients who are unable to communicate their symptoms.



## Q What do we do with the completed screening information?

- A
- Completed screening must be kept in the patient's chart/medical record (see [form 21790](#)).
  - Any change in symptoms or ability for patients to return to their prior level of functioning should be reported to the most responsible health care provider (MRHP).  
The MRHP is the interdisciplinary team member that can provide appropriate follow up assessment and referrals to other interdisciplinary team members.

### Did You Know?

AHS has a [COVID-19 Recovery & Rehabilitation After COVID-19: Resources for Health Professionals](#) website to support information sharing.

## Q Is the screening tool available in the electronic medical record (EMR) or does it need to be completed on paper?

- A
- The paper version of the CC screening tool is available on the AHS external website at [AHS Form 21790](#). The screening tool is also available in Connect Care.
  - Discussions are also occurring about adding to Meditech and PARIS EMR's.

## Q How frequently is screening completed?

- A
- Screening is typically completed on admission and repeated at 3, 6, and 12 month periods for patients that had a positive lab confirmed COVID-19 test result.
  - Refer to the Post COVID Rehabilitation for Continuing Care – Frequency of Screening, Assessment and Reassessment table for recommendations on when screening should be completed for patients based on care stream and client group.
  - Recommendations about the frequency of screening after 12 months will be made as more information is gained about post COVID symptoms longevity in the continuing care patient population. It is advised that if patients are still experiencing symptoms after 12 months to continue screening at a frequency suited to the population and in accordance with current operational practices.

## Q Is this a duplication of other information we gather through existing assessment tools used in Continuing Care?

- A
- Screening will collect basic information about the specific post-COVID symptoms a patient is experiencing and determine if they have returned to their prior level of function. Existing comprehensive assessment tools do not capture this information.
  - After screening, further comprehensive assessment will assist clinicians in developing a plan of care specific to the patients' symptoms and unmet needs.

**Q Will we be able to pull data?**

**A** • One key aim of collecting information is to access and analyze data about post COVID in the senior's health and continuing care population. Although not all information will be accessible electronically (i.e. screening completed on the paper tool) the goal is to have a fairly large sample size to gain more information about the frequency and longevity of post-COVID symptoms.

**Q Who is the target patient population for completion of the screening tool?**

**A** • The target audience is patients admitted to and/or receiving care/services in post-acute, home care, non-designated supportive living, designated supportive living, long term care and hospice.

**Q Where can I find education about post-COVID?**

**A** • Health care practitioners can refer to the Health Professional Education section of the [COVID-19 Recovery & Rehabilitation After COVID-19: Resources for Health Professionals](#) page for education offerings and upcoming sessions.

**Q What are the top ways rehab needs/interventions may be different for a post-covid patient than other populations?**

**A** • Refer to the [Rehabilitation & Allied Health Practice Considerations Post COVID-19 Working Documents](#) and [Long COVID FAQ for Providers](#) resources for additional for symptom management and population specific considerations.

- Screening, comprehensive assessment (including secondary assessments as determined) and patient specific care planning will support collaboration on patient goals and the interventions required to address their unmet needs.
- As information emerges on the trajectory of post COVID illness additional educational resources will be available to support staff and patients. Refer to the [Recovery & Rehabilitation after COVID-19: Resources for Health Professionals](#) for the most recent information.