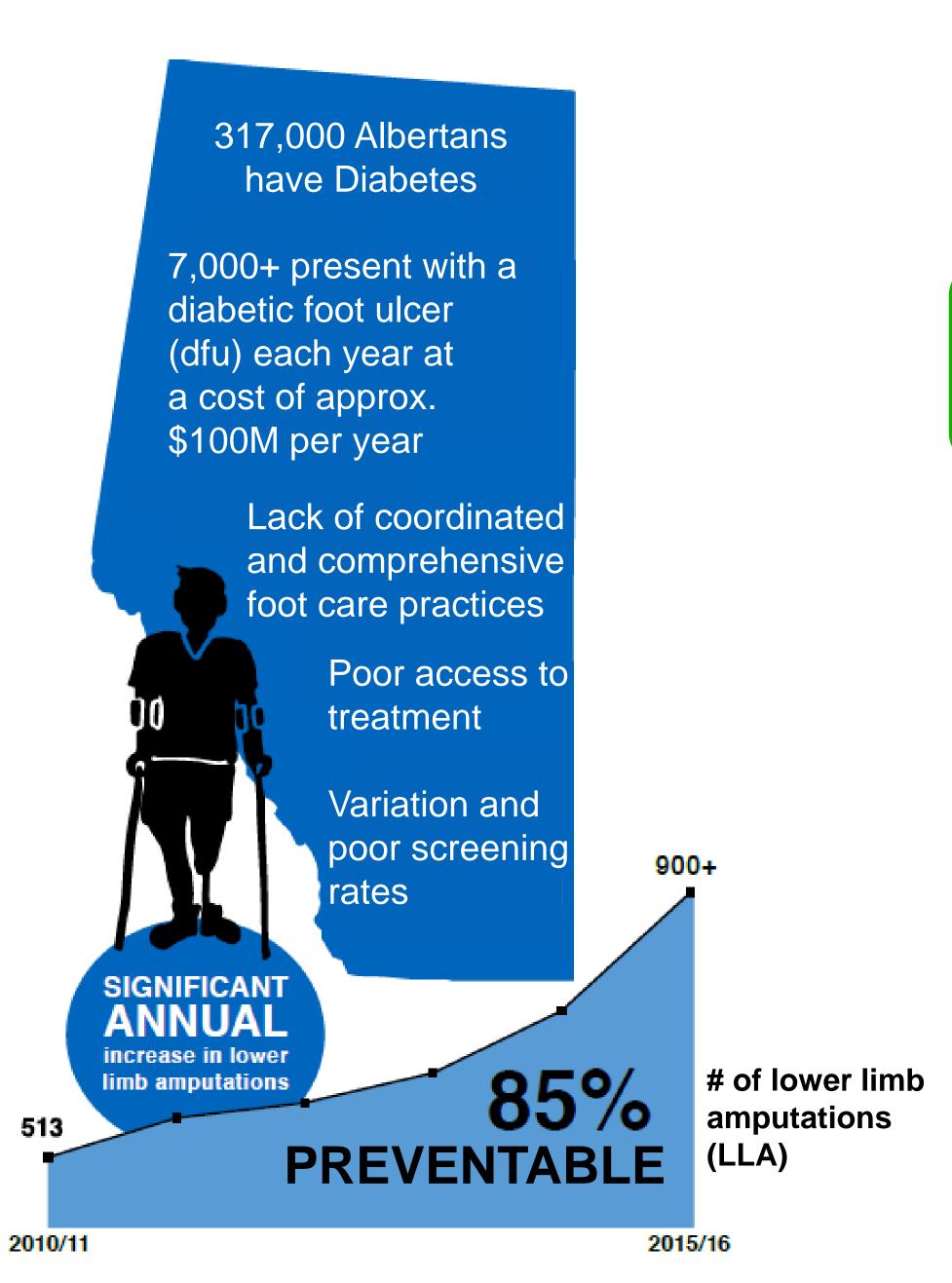


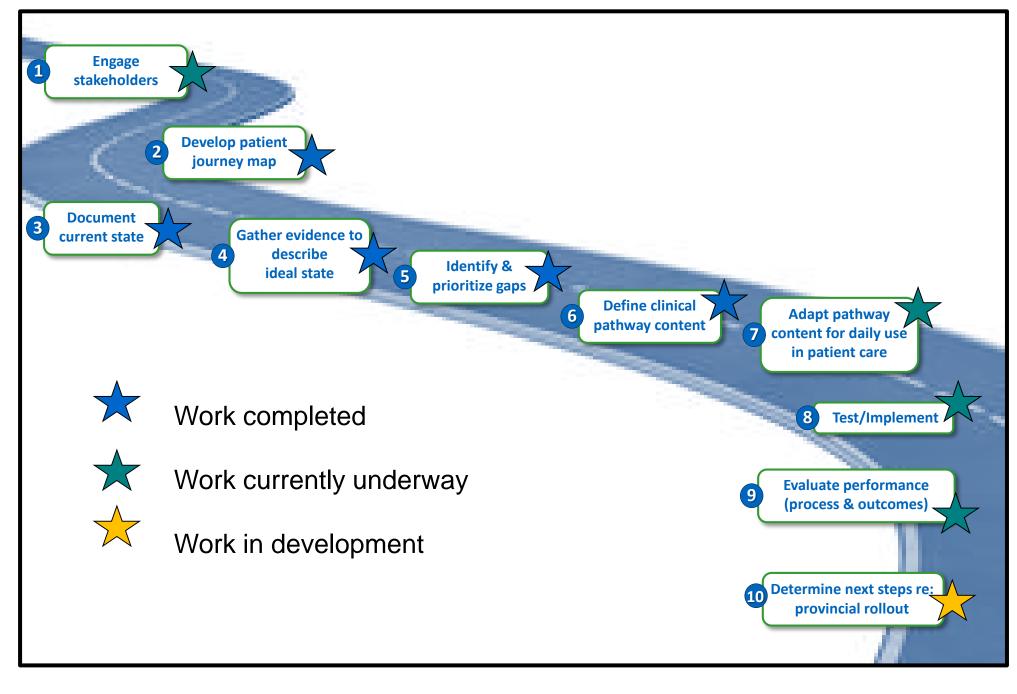
## Innovative Strategies for Improving Diabetes Foot Care

Diabetes, Obesity & Nutrition Strategic Clinical Network Petra C. O'Connell, Kathy D. Dmytruk, Naomi Popeski PhD, Edie Attrell

## **Check Your Feet:** it only takes 1 Minute!



## **Diabetes Foot Care Clinical Pathway**



# **Standardize Diabetic Foot Care**

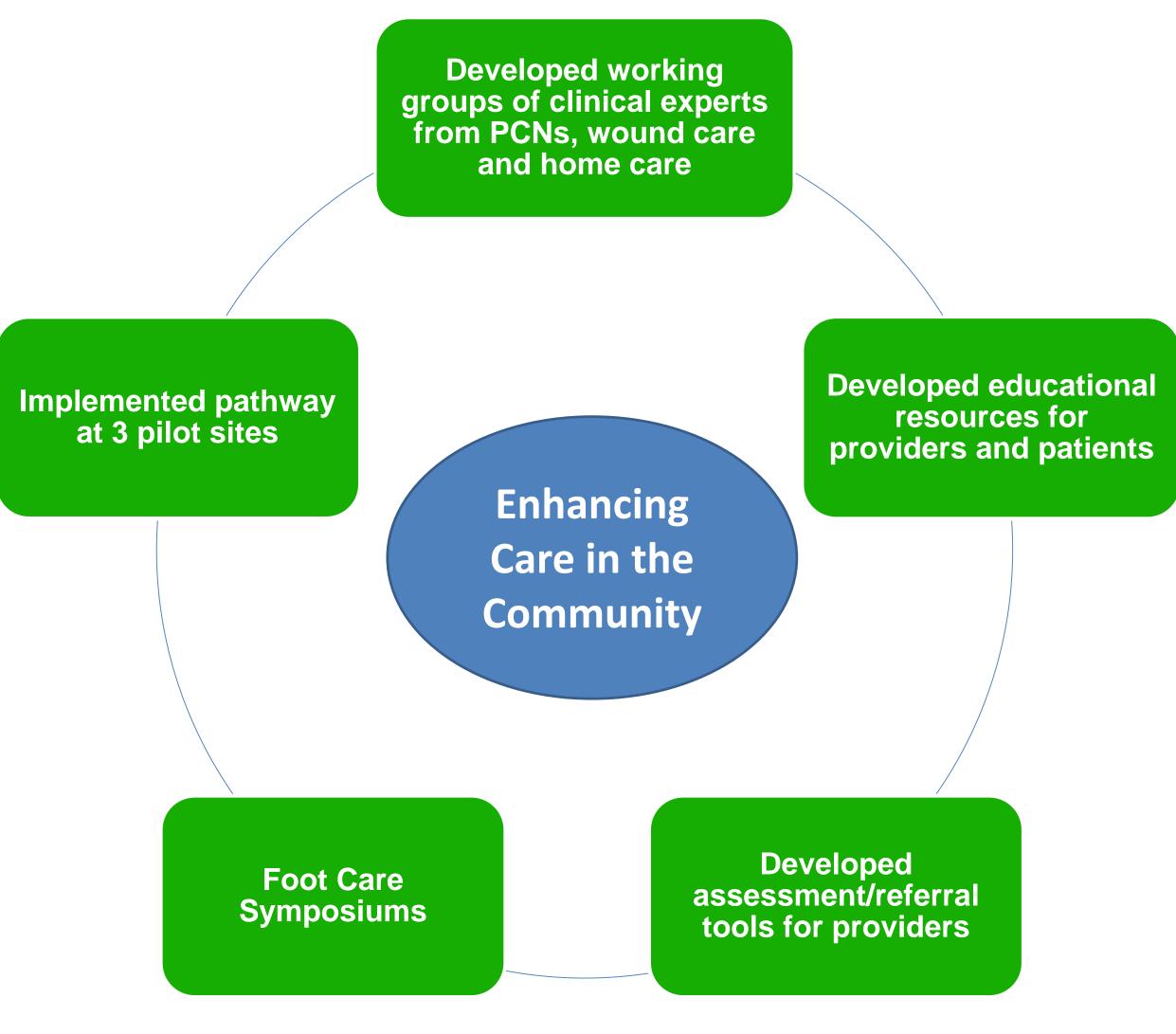
- > Improve access to foot screening
- > Support early detection and treatment of foot problems

**Across Alberta** 

Promote and facilitate better self-care

For more info please contact: kathy.dmytruk@ahs.ca

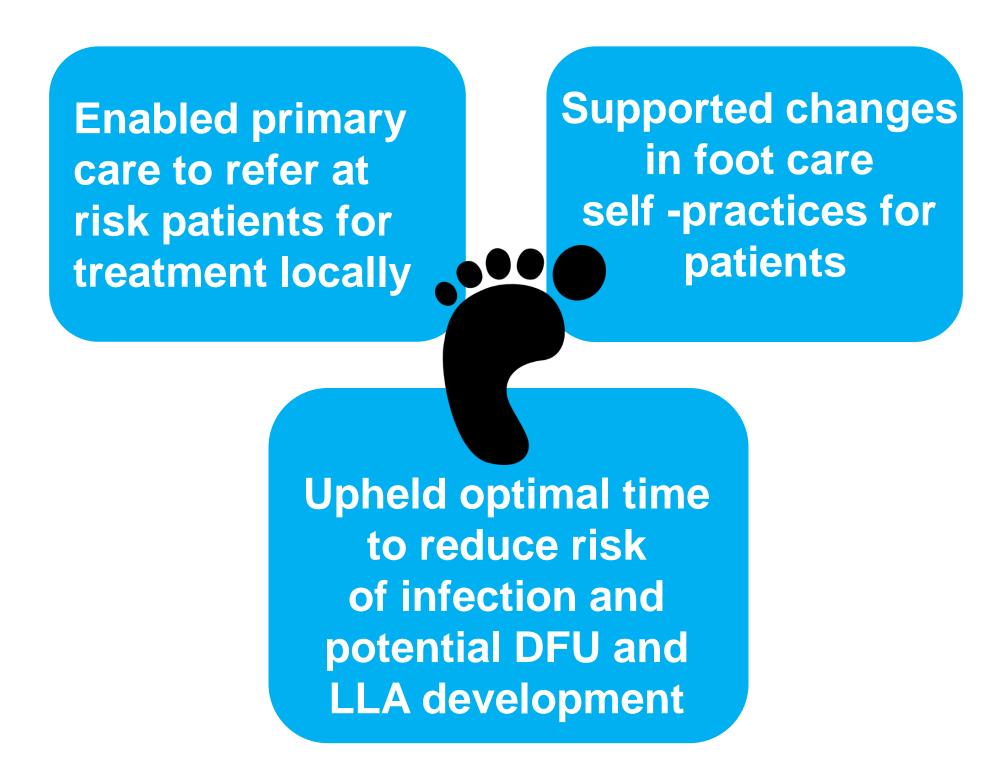
### Our Accomplishments



## **Innovative Strategies**

- > Establish community-based multidisciplinary High Risk Foot Teams (HRFTs)
- > Partnership with pharmacy
  - to distribute patient education scripts and screen people with diabetes
- Partner with AADL
  - to change footwear policy that promotes prevention
- Recruit Clinical Practice Leads
  - to educate Primary Care Networks (PCNs) on assessment
- > Embed the pathway electronically in Electronic Medical Record in the **PCNs**
- Partner with Alberta-based technological companies
  - to improve foot care

#### Outcomes



#### **Lessons Learned**

#### Broad Engagement



- Involve frontline staff
- > Allied health professionals are important for foot care
- > Collaboration with PCNs, Zones and the provincial Primary Care Integration team is necessary to identify HRFTs

#### MAIN MESSAGE

Normal Blood Sugar ≠ Healthy Feet



- Phase 2 roll-out
  - Mosaic PCN HRFT (Calgary Zone)
  - Chinook PCN (South Zone)
  - Kalyna County PCN (Central Zone)
  - Edmonton North PCN (Edmonton Zone)
- Working with indigenous communities
- > Exploring telehealth adaptation

#### References

1. Canadian Diabetes Association Clinical Practice Guidelines Expert Committee. Canadian Diabetes Association 2013 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada. Can J Diabetes 2013;37(Suppl 1):S1-S212.

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- in Alberta. Calgary, Alberta: 2014.
- 3. Rogers. E (2016). [Lower limb amputation rates among diabetic patients in Alberta]. Unpublished raw data.