

Celina Dolan, BS, MBA; Nicholas Mitchell, MSc, MD, FRCP; Todd Atkinson, BSc, MSc  
 Provincial Planning and Capacity Management; Community, Seniors and Addiction & Mental Health

## Homeless People - Health Profile

- Greater physical and mental illness than the general population<sup>1</sup>
- Five times more likely to be admitted to acute care<sup>2</sup>
- 100 times more likely to be admitted to psychiatric wards than their counterparts in society<sup>2</sup>
- One-third of the homeless population unlikely to receive treatment<sup>3</sup>
- Lack of treatment may be attributed to many barriers, including lack of identification and/or proof of insurance (IDs)<sup>4,5,6,7</sup>
- Lack of IDs impedes ability to access diagnostic services, community health-care and additional services ranging from disease prevention and palliative care<sup>8</sup>, causing delays in discharging patients<sup>9</sup>

## Impacts to Healthcare System

- Homeless people may be entitled to healthcare, but they are faced with an inability to access it, as they find themselves without a personal health card, or appropriate ID to obtain one.
- Alberta Health Services (AHS) has numerous homeless patients without government-issued photo identification and healthcare cards (IDs).
- Without IDs, discharging patients may be delayed due to the inability to refer clients to more appropriate levels-of-care or follow-up services in the community.

## Traditional Process

- The following diagram highlights the conundrum experienced by both clients and their health providers alike; that is, to obtain a birth certificate clients require ID; but to obtain ID, they require a birth certificate.



- In many healthcare environments, social workers traditionally assist clients to obtain IDs by first ordering birth certificates and subsequently IDs once birth certificate is received.
- Depending on province of birth, delays of up to 12 weeks are experienced further delaying discharge. Ordering replacement landing documents for immigrants or refugees can take up to 8 months!

## Methodology

- Mixed methods, multi-phased approach incorporating combination of qualitative and quantitative data collection methods. Combination of expert and local knowledge provided by clients and health providers.
- Developed with Alberta Health, Service Alberta, Human Services and Justice and Solicitor General (Adult).

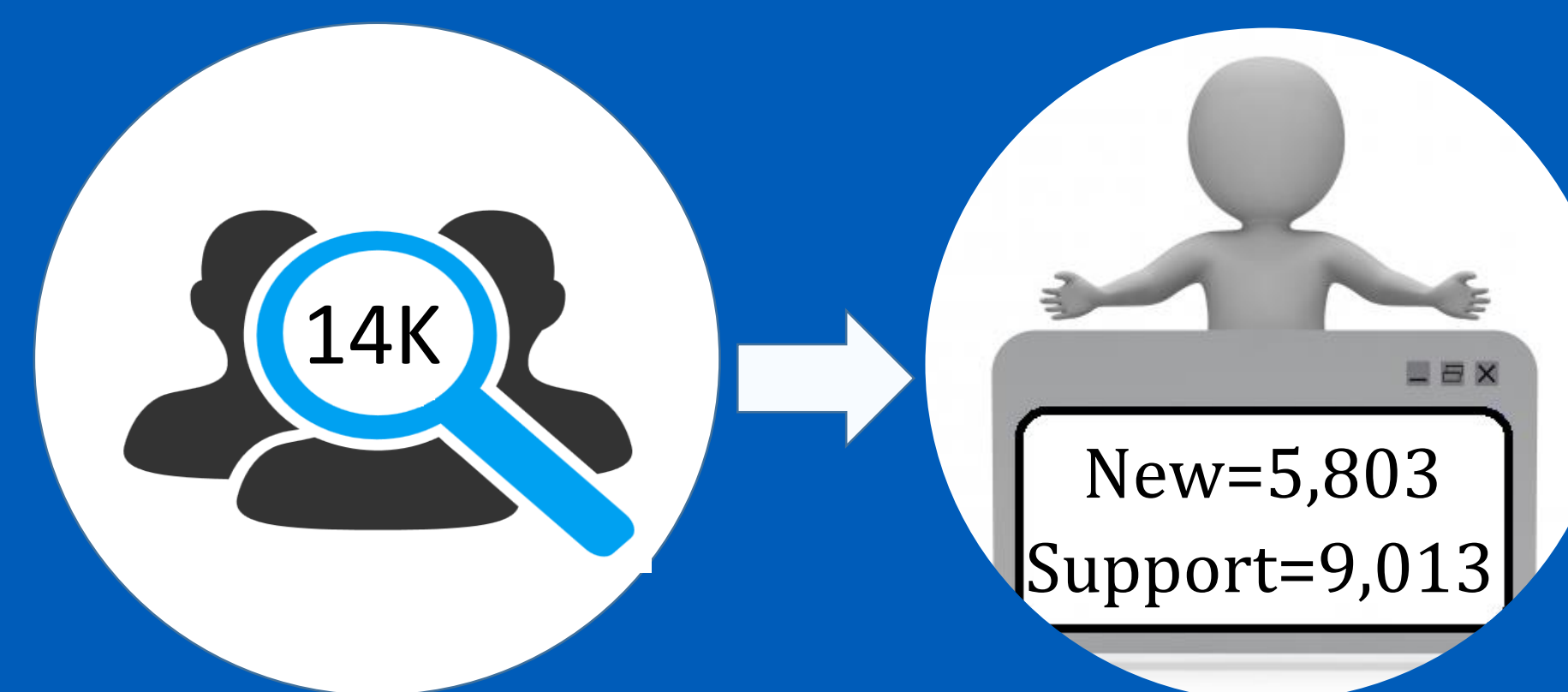
## Alternate Means

- Employing "Alternate Means" allows the AHS ID Program to work with its partners, collaborators and other trusted sources, as consented by the patient, to provide confirmation of client's identity.
- This foregoes the need, in the majority of cases, to obtain birth certificates providing clients with the ability to access much-needed services faster.

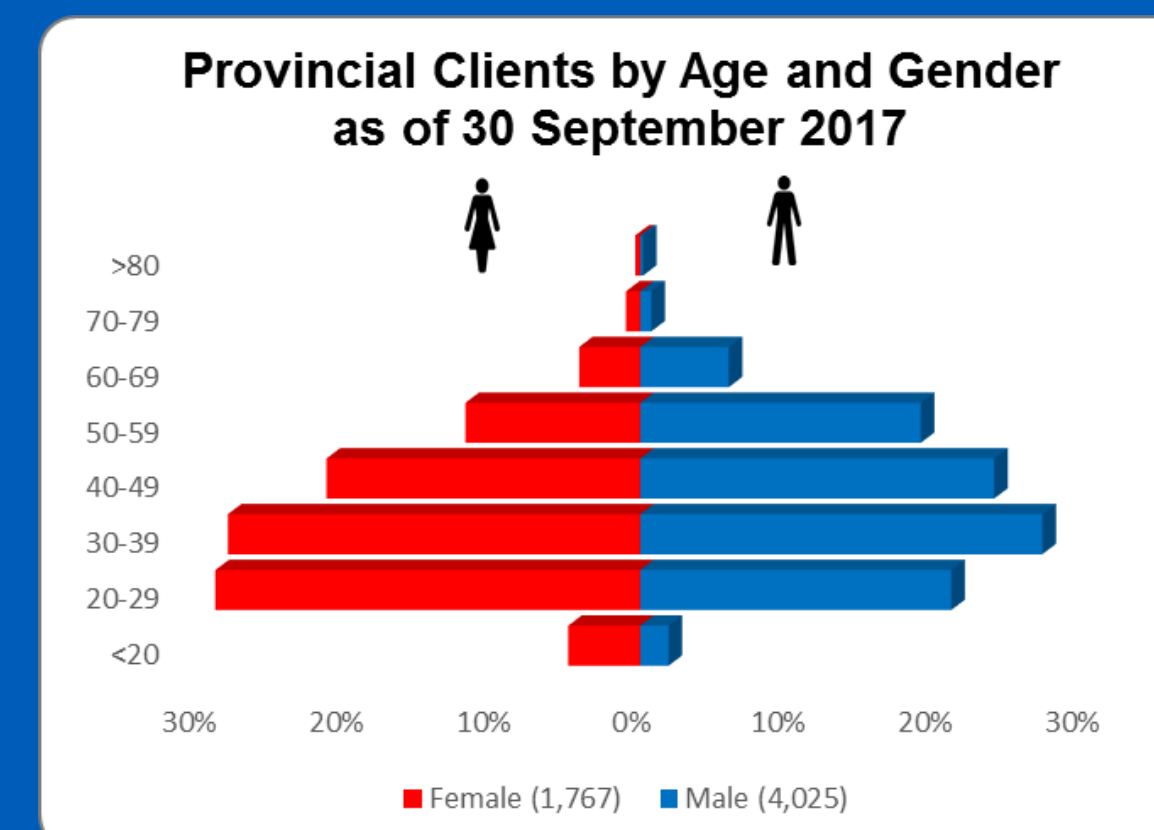


- Collaborations with Alberta Vital Statistics, Community and Social Services, Immigration, Refugees and Citizenship Canada; Justice and Solicitor General, Veteran Affairs and provincial registry agents.

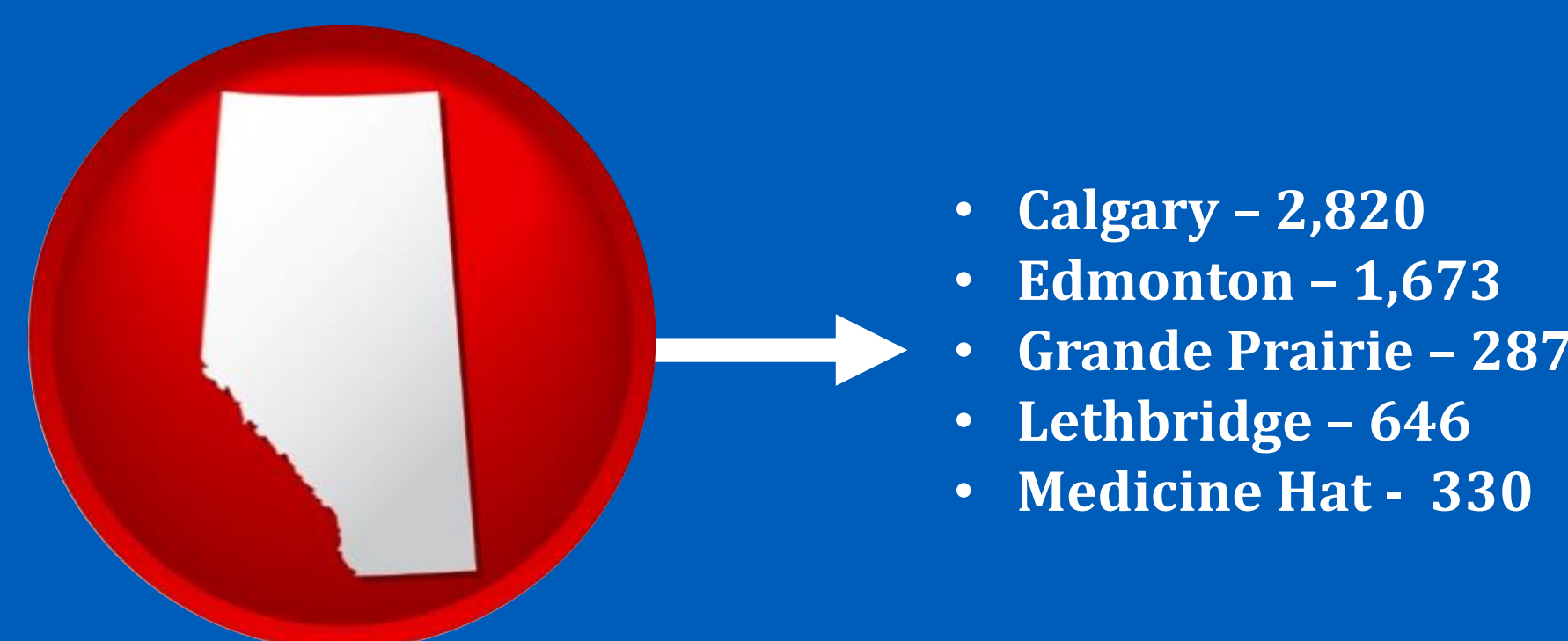
## Program Outcomes



## Provincial Clients by Age and Gender



## Net-New Clients by Location



## IDs Required by Type



## Reasons IDs Required by Type

Addiction Services	Health Services	Mental Health Services	Housing	Work	Income Supports / AISH	Banking
1,428	3,601	1,537	3,690	3,107	3,013	3,404

## Benefit to Clients

- ↑ Sense of identity and empowerment
- ↑ Basic needs: housing, shelter, food banks and hampers
- ↑ Health Improvement – follow-up appointments, homecare, prescriptions, lab work, addiction supports, methadone treatment, psychiatrists, etc.
- ↑ Community stabilization – reconnect with family, better police interactions

"The ID Program has put me back on my feet and set me up for life". - Larry O. - Client since 2014

"Since I got my ID, I have an identity. I am less stressed". - Leona SD. - Client since 2016

"Now that I have ID, I am not hampered from obtaining services". - Michael D. - Client since 2016

## Benefit to System

- \$4,192,112 – Cost Avoidance (To Date)
- \$1,362,677 – Cost Avoidance (Fiscal 2017)
- \$27,483 – Cost Recoveries (To Date)

## Learnings

- 1) Remaining barrier -- clients in care or in corrections unable to leave facility in order to attend a registry to finalize the last requirement to obtain IDs.
- 2) Vulnerable clients residing in rural/remote areas are unassisted to obtain IDs.
- 3) Homeless youth are unassisted due to inability to obtain guardian consent.

## Next Steps

- Youth:** Program scope widened to include youth 16+
- Virtual Assistance:** Use of virtual health technology to assist hard-to-reach patients
- Digital Storage:** Digitize IDs for when required to access care.

## Acknowledgements

The AHS ID Program would not exist if it were not for AHS leadership who supported its creation and implementation; its partners who were willing to work along side to make it happen and its wonderful team members, who through their dedication, compassion and continued effort together contributed to its success!