



Improving Worker Safety and Patient Care through the Development and Implementation of Worker Musculoskeletal Injury (MSI) Prevention Programs

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Background

It's your
Move



Move Safe

manual materials handling



Implemented 2011
Revised rollout 2017

Implemented 2010
Revised rollout 2017

Challenges

- Champion Trainers
- Consistency of program content
- IYM grant funding finished
- Lack of resources
- Tracking participation



Current Programs

Online Modules

- ✓ Musculoskeletal Injury (MSI) Prevention
- ✓ IYM! Part 1: Annual Overview
- ✓ MS: e-Learning
- ✓ Alternate delivery options
- ✓ Access on AHS external site





Practical Training

- ✓ Hands-On
- ✓ On the unit/floor
- ✓ Customized to the department/unit

Customization Advantages

Partnering with Departments:

- ✓ IYM: Operative Services
- ✓ MS: Nutrition, Food Services/
Linen Environmental Services

Practical Training

- ✓ No need to book education rooms

↓ training time ↓ = time away from w



Current Challenges

- Wide span of the province, zone individuality
- Attendance tracking for practical training
- Computer literacy with regard to AHS programs
- Equipment/Technology





Success

- Over 100 Master Trainers for each program
- Positive feedback from departments
- Partnering with outside organizations to develop resources