

Restructuring Care Teams within a Neonatal Intensive Care Unit

BACKGROUND

• Site:

- Stollery Children's Hospital Neonatal Intensive Care Unit, Royal Alexandra Hospital site
- 1500 admissions per year
- 69 patient beds
- Three multidisciplinary care teams with a combination of level II and level III patients
- Previous state:
- Care teams assigned based on location of patients
- Patients frequently changed care teams to accommodate nursing assignments, physical space
- Imbalance of patient census and acuity across care teams
- Kaizen event:
- Dfn: focused activity or group project with a specific aim for improvement





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OBJECTIVES

The objective of this project is to improve consistency of patient care and to balance the workload across the three care teams in the NICU



RESULTS

- Reduction of patient moves across care teams from 40% to 0.3%
- Diminished variance of patient census and patient acuity across care teams
- Average number of patient moves during hospitalization reduced from 1.4 to 1.27 per patient
- Time required to complete daily patient rounds across the three teams reduced by 7.5 man-hours per day
- Thirty-five percent response rate to staff survey with overall positive response to changes focused on improving patient and family experience
- Family satisfaction survey demonstrated a trend toward increased satisfaction

DESIGN

- Kaizen event held with large group of multidisciplinary stakeholders
- Patients assigned to a care team on admission, based on existing workload of each team
- Care teams follow each patient from admission to discharge
- Communication and education strategies executed prior to the change
- Feedback strategies were put in place and provided frequent opportunities for process review
- Pilot project lasting three months
- Objective data:
 - patient movement across care teams
 - patient acuity and census across care teams
 - time required to complete daily patient rounds
- Qualitative data:
 - family satisfaction survey
 - staff survey





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