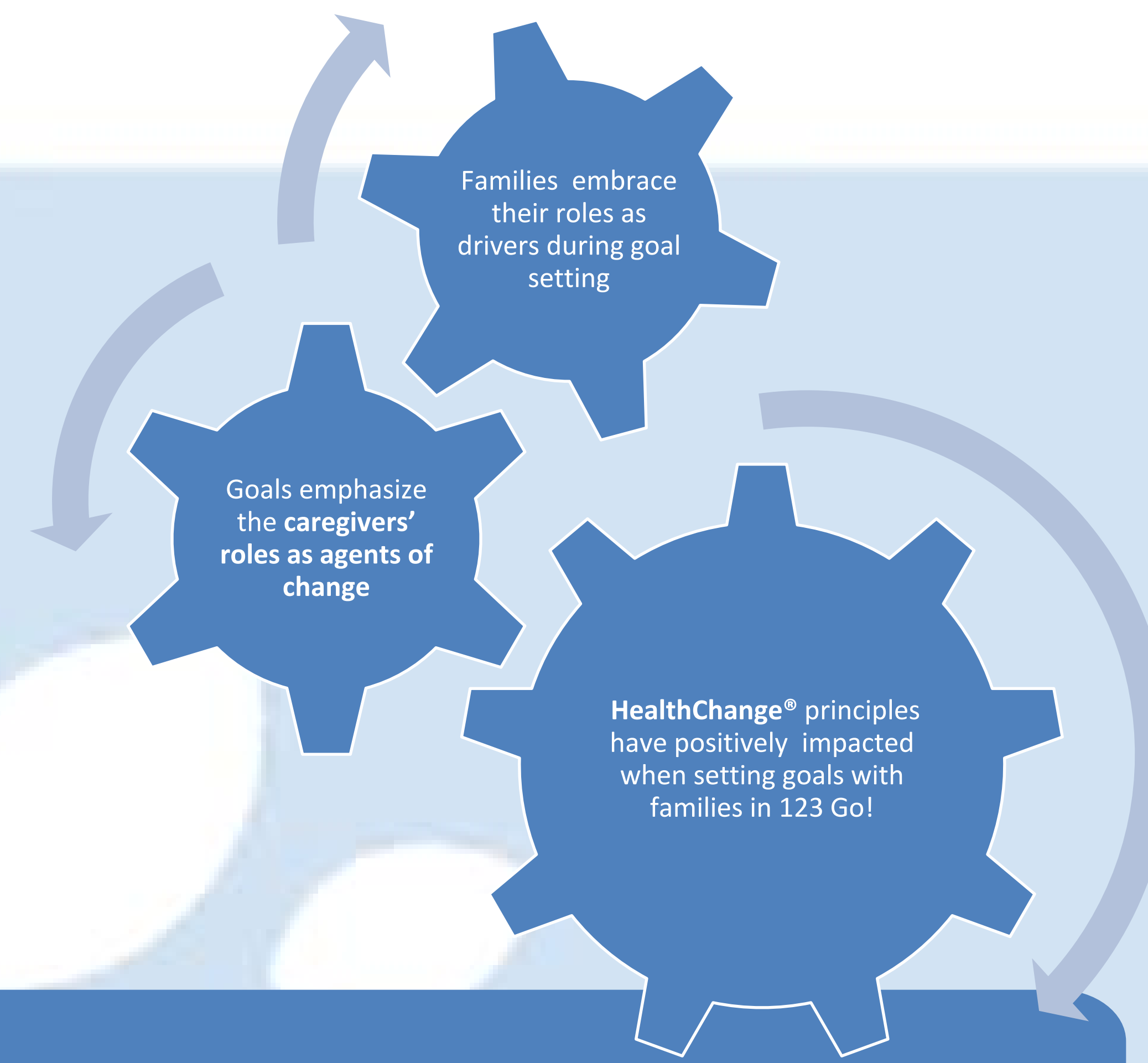


Enhancing Family Centered Care: The Implementation of the HealthChange® Methodology into an Early Intervention Pediatric Program

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Opportunity

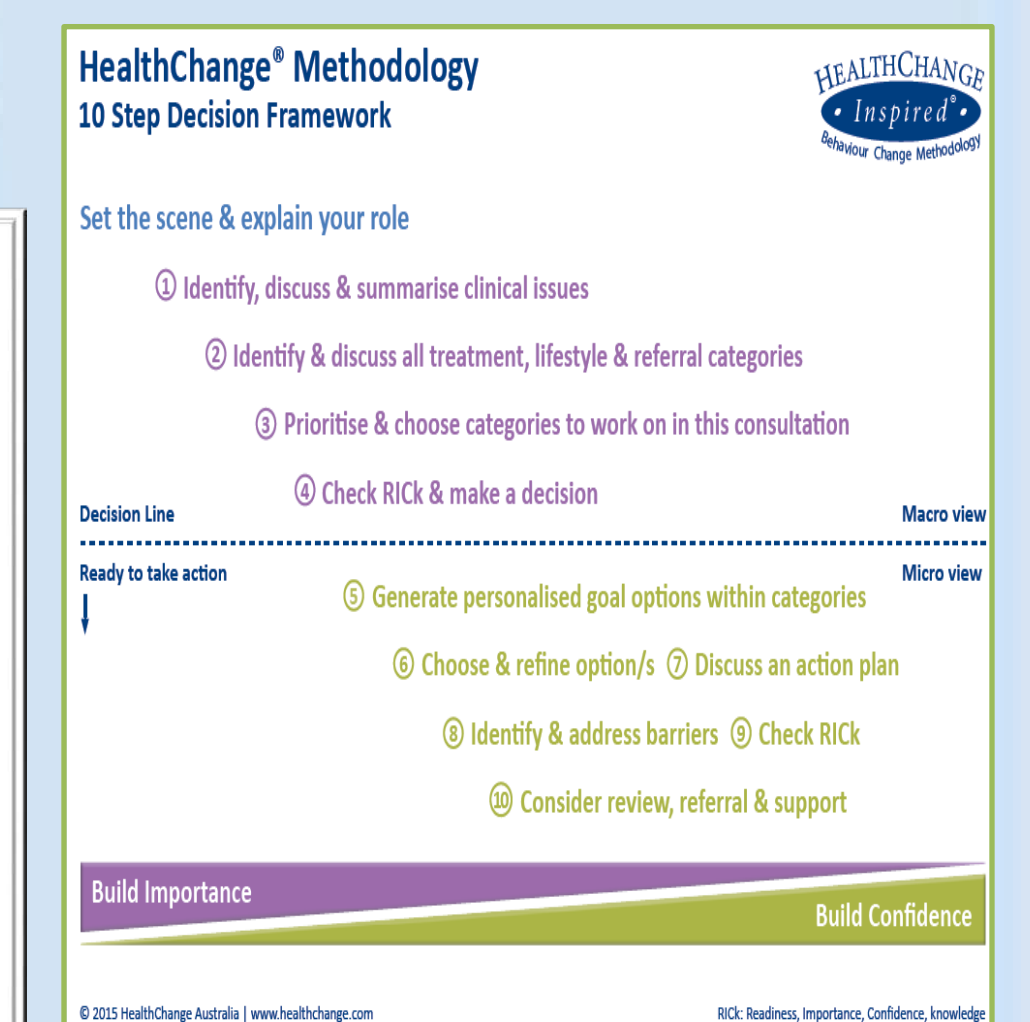
AHS values Patient-centered care, Self-management, & Patient engagement
Team desired to help families become more engaged when setting goals for their children in program
HealthChange® = Evidence-based Family-centred model that promotes health literacy & behaviour change, engaging families to set goals
Organizational supports, training and coaching systems, & leadership “drivers” were available to support practice change

What we did

Teams attended a 2 day HealthChange® course
Interdisciplinary implementation team was established
Identified target key principles → Invite to write, One thing at a time, and RICK®
Developed a Practise Profile tool to define critical components of ideal practise - used to monitor fidelity

Tools used

Implementation science approach ensured a clearly defined practice
HealthChange® - Integrated Suite of Tools, Behavior Change Pathway, Person-Centred Practice Principles



Results

Evaluation = Implementation process + Staff Confidence using HealthChange® + Family Experience Outcomes
→ Initial results = Implementation is occurring with fidelity, Staff are increasingly confident to use HealthChange®, AND Families report increased engagement

Next Steps

Dedicated resources for an onsite HealthChange® trainer at GRH to support ongoing implementation across programs
Ongoing use, revision and re-evaluation of Practise Profile tool



What families are saying

100% responded as “ALWAYS” to:

- I was given the opportunity to work together with the team to set goals
- I valued the opportunity to work together with the team to set goals
- (the team) developed a written care plan with us