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Experts discuss raising healthy kids for life

Learn about literacy and language, physical activity and immunization

GRANDE PRAIRIE – Healthy kids need a healthy start. You're invited to a free Apple Talks event to learn about the lifelong health benefits of reading, talking and playing with your kids and immunizing them against disease.

Children's health experts will discuss and answer questions March 12 from 6:30 p.m. to 8 p.m. at the Grande Prairie Public Health Centre, 10320 99 St. Reserve your seat by visiting albertahealthservices.ca/10363.asp.

Apple Talks brings together communities and experts to talk and share ideas about health and wellness, and is presented by *Apple* magazine, AHS's health and wellness magazine, and Alberta Blue Cross.

Apple Talks is part of the Passion for Health initiative, which gives Albertans informal opportunities to connect with AHS staff. For more information on this and other Passion for Health activities, visit albertahealthservices.ca/passionforhealth.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

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For media inquiries, contact:

Lisa Peters
AHS Communications
780-538-6146