

News Release

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Provincial palliative and end-of-life care website launched

EDMONTON – Albertans now have information about palliative care and end-of-life care at their fingertips with the launch of a new provincial online resource.

The new website, <u>MyHealth.Alberta.ca/Palliative-Care</u>, gathers evidence-based information for patients, families and health care providers. The website includes:

- An introduction and overview of palliative and end-of-life care for patients, families and health care providers.
- A search function for services and programs.
- Symptom management tips for patients and families.
- Content developed specifically for newborns, children and youth.

An up-to-date calendar will provide details about upcoming courses, events and conferences related to palliative and end-of-life care, as well as information on new provincial initiatives.

"We're really happy to be able to share this information with Albertans," says Dr. James Silvius, Medical Director, Seniors Health, Community Seniors Addictions and Mental Health for Alberta Health Services (AHS). "There was an enormous amount of collaboration and effort that went into the development of this important resource."

AHS' provincial Palliative and End-of-Life Care team partnered with MyHealth.Alberta.ca to develop the resource and conducted extensive consultation with palliative experts and public representatives from across the province to ensure the health information is current, easy to understand and written for Albertans. The website was built for mobile devices and includes the same features and information as the full site but adapts for easy viewing on cellphones and tablets.

This is the first of a series of health topics to be expanded upon on MyHealth.Alberta.ca.

For more information, please email palliative.care@albertahealthservices.ca

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

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