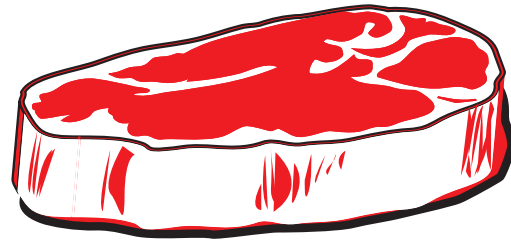




**Raw meat may have harmful germs that can make people sick. Follow these steps to keep foods safe.**



## Cook

Cook meat and foods containing raw meat to an internal temperature of 71°C.

Use a food thermometer to check the temperature.

