

# Building a better health system with the voice of our community

#### Where we are

The Lakeland Communities Health Advisory Council serves communities that range from the City of Cold Lake in the east, to a number of rural communities including Athabasca, Bonnyville, Elk Point, Lac La Biche, Redwater, Smoky Lake and St. Paul. Our geographic area covers a range of landscapes, industries, and demographics, including long-established communities.



#### Accomplishments

LCHAC held three regular public meetings during the year. Presentation topics included Seniors and Continuing Care – Navigating the Golden Years, where participants learned about planning next steps for one's care; caregiver supports; accessing services; housing options and finances; transportation; and couple care options.

We hosted a joint virtual engagement event with Tamarack and Wood Buffalo Health Advisory Councils where we learned about services and resources of Health Link 811 and an overview of lab services with DynaLIFE.

Council attended a session with Dr. Cowell, AHS Official Administrator (OA), where he reviewed findings from his 90-Day Report, which outlined progress in the health system from his first 90 days as OA. We also had our Chair attend the bi-annual Rural Health Professions Action Plan (RhPAP) conference in Drayton Valley.

# **Our role and objectives**

Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and province-wide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the healthcare system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

### Join us - your voice matters

There are a number of opportunities to participate:

- Attend an <u>upcoming Council meeting</u> to hear feedback, offer comments, and ask questions.
- <u>Make a presentation</u> at our Council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a Council member. Recruitment is ongoing throughout the year until a Council is at maximum membership. Members are appointed for a three-year term.
- Share your feedback with Council: <u>LakelandCommunities@ahs.ca</u>.

Alberta Health Services





#### Contact us

LakelandCommunities@ahs.ca Chair: Ida Edwards Vice Chair: Heather Stromquist Full member list Toll free: 1-877-275-8830

More information

AHS.ca/advisorycouncils <u>Twitter</u> (twitter.com/ahs\_councils) <u>Facebook</u> (facebook.com/advisorycouncils) <u>Indigenous communities map</u>

# Scan the QR code to learn more:

