



Prairie Mountain Meeting Summary

January 16, 2020/ 5:30 p.m. – 8:30 p.m. / Southport Tower, Room 1002, Calgary

Introducing your Prairie Mountain Health Advisory Council members:

In attendance: Scott Mitchell (Chair), Sheena Taggart (Vice Chair), Lori Bayne, Laureen Darr, Rsmeya Hammoud, Joyce McCoy, Andrew Nguyen, Lisa Thomson

Alberta Health Services: Jana Ambrogiano, Brenda Huband, Maura Beaton, Christine Osunde

Regrets: Donna Crowshoe, Wendy Gateman, Linda Humphreys, Anita Jenkins, Vincent Yellow Old Woman

Community Input

No public were in attendance.

AHS Presentation

Addiction and Mental Health Strategic Clinical Network (SCN): Mental Health Service Navigation, E-Mental Health and Mental Health Programs for Youth

- Allison Bichel, Senior Provincial Director, Addiction and Mental Health Strategic Clinical Network

Highlights include:

- Addiction and Mental Health in school settings for children and youth and eMental Health
- (**CanREACH**) The Canadian Research and Education for the Advancement of Child Health program is an innovative solution to build the needed intellectual and educational capacity in primary care providers through the delivery of an evidence-based, 6-month, mini-fellowship training program in pediatric mental health. The program is:
 - An accredited professional development opportunity for general practitioners and pediatricians in Alberta focused on child and youth mental health
 - A 3-day interactive group learning experience supplemented by six months of individual case conferencing
 - Delivered in Calgary for the last five years with great success
- Emergency Department Mental Health Stigma:
 - A program to bring meaningful change to how kids, youth and their families experience going to the Emergency Room for addiction and mental health concerns.
- Depression: (rTMS) Repetitive transcranial magnetic stimulation:
 - New rTMS sites established in 2019: Foothills Medical Center, Rockyview General Hospital, Alberta Hospital Edmonton and 108 St Edmonton Mental Health Clinic
- Addiction: Virtual Supervised Consumption (PRIHS – IV) Partnership for Research and Innovation in the Health System (PRIHS) grant:
 - A phased implementation of Virtual Supervised Consumption Service over the telephone
- Alberta Pain Strategy
 - Focus areas and priorities: acute pain, chronic pain and opioid use in pain management

Questions and comments from Council:



Q: Is eMental Health being implemented in schools?

A: Allison Bichel advises that yes, they are in the implementation stage for eMental Health in schools.

Q: Is the SCN including vulnerable populations such as new immigrants and post-secondary students in eMental Health planning?

A: Allison advises the SCN is actively supporting students in post-secondary education. As well, AHS is engaging institutions about providing supports within the student community. She adds, the Addiction and Mental Health team and the Seniors SCN are working together to provide support for emerging needs in these communities.

Q: What is being done to reach boys and men in rural communities?

A: Allison says the SCN is aware that rural needs are different than urban needs. It is considering how services and pathways support rural communities. Comment from Lori Bayne: In Banff, new immigrants are creating their own supports. E.g. the Pilipino community organizes an annual Pilipino festival.

Actions/next steps:

- Christine to add Addiction and Mental Health Strategic Clinical Network to the presentation schedule to come back and present to Council in 18 months (June 2021).

Calgary Zone Update

The following information was shared with Council:

Brenda Huband, Vice President and Chief Operations Officer, provided the following update:

- Information about labour negotiations. Discussion ensued about the plan for continuity of services. Formal negotiations are underway with United Nurses of Alberta (UNA). AHS is scheduled to begin bargaining with the Alberta Union of Provincial Employees (AUPE) and the Health Sciences Association of Alberta (HSAA) in the coming weeks.
- Emergency preparedness in the Calgary Zone.
- Update on Ernst & Young's (EY) AHS Review. The final report is expected towards the end of January.

Jana Ambrogiano, Senior Operating Officer, Rockyview General Hospital (RGH), shared the following:

- Connect Care update: rural and urgent care in the Calgary Zone is going live in May 2020.

Questions and comments from Council

Q: Are there opportunities to monetize within the system, or to reduce usage of those misusing it?

A: Brenda Huband advised that at this time the government's focus is on AHS finding efficiencies and savings.



Actions/next steps:

- Christine to book a meeting with Jana Ambrogiano, Scott Mitchell, Sheena Taggart for early February to discuss Councils' work plan.

Chairs Report

Council Chair, Scott Mitchell, provided an update on the December 6, 2019 Council of Chairs meeting.

Council Member Roundtable & Good News

- Council would like approved messaging that can be shared within the community to address comments pertaining to EYs AHS Review.

Actions/next steps:

- Christine to look into options for Council to store documents so they can be easily accessed at any time.
- Christine to email the December 2019 Council of Chairs report to members.
- Christine to send the Top Concerns document to members not in attendance to fill out.
- Christine to send approved messaging to Council pertaining to EYs AHS Review.

Follow up from the November 21, 2019 meeting:

- Christine to collect and send Alberta Community Health Dashboard & Comprehensive Cancer Prevention Profile survey handed out by presenters. **COMPLETE**

Council is accepting new members. Anyone interested in applying can do so through the [AHS website](#). The next meeting of the Prairie Mountain HAC is scheduled for **Thursday, March 19, 2020; 5:30 - 8:30 pm; Southport Tower, 10301 Southport Lane SW, Room 1002, Calgary, AB.**

Learn about the four organizational goals of AHS in the [2017-2020 AHS Health Plan and Business Plan](#).

Join us in changing the conversation from [illness to wellness](#).

Our meetings are open to the public. Dates and locations are [available here](#). [Find your Health Advisory Council here](#). Visit the [webpage](#) for more info.

Contact us at: PrairieMountain@ahs.ca
Call: 1-877-275-8830.