



Iamarack
Health Advisory Council

Building a better health system with the voice of our community

Where we are

The Tamarack Health Advisory Council stretches from Whitecourt in the north to Jasper in the west, continuing east to Westlock and south to Onoway. The Council area is a mixture of communities spread across a vast territory of forests, fields, foothills, rivers and lakes; comprising of one city, numerous towns, First Nations communities, and a number of hamlets and summer villages. We have a diverse population living in long-established communities.



Accomplishments

THAC held three public meetings during the year. Presentation topics included an overview of Northwest Fetal Alcohol Spectrum Disorder (FASD) Network. Participants learned the network provides community-based FASD assessment and diagnostic services and intervention planning for youth and adults prenatally affected by exposure to alcohol. The network builds capacity in local communities in the areas of awareness and prevention, support services and training and education.

We hosted a joint virtual engagement event with Lakeland Communities and Wood Buffalo Health Advisory Councils where we learned about services and resources of Health Link 811, and an overview of lab services with DynaLIFE.

Council attended a session with Dr. Cowell, AHS Official Administrator (OA), where he reviewed findings from his 90-Day Report, which outlined progress in the health system from his first 90 days as OA. We also had our Chair attend the bi-annual Rural Health Professions Action Plan (RhPAP) conference in Drayton Valley.

Our role and objectives

Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and province-wide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the healthcare system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

Join us - your voice matters

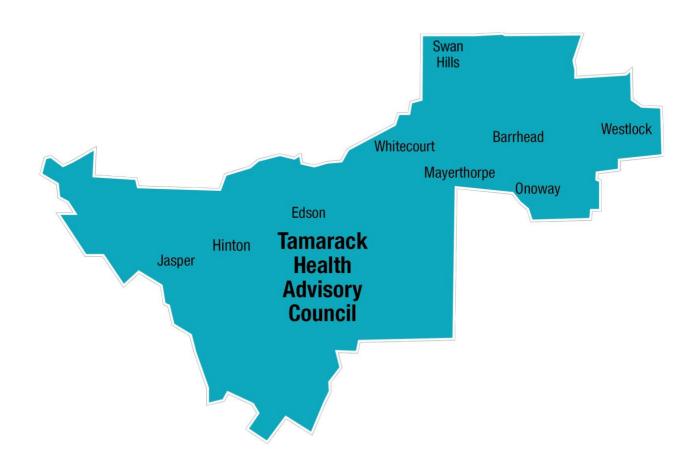
There are a number of opportunities to participate:

- Attend an <u>upcoming Council meeting</u> to hear feedback, offer comments, and ask questions.
- Make a presentation at our Council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a Council member. Recruitment is ongoing throughout the year until a Council is at maximum membership. Members are appointed for a three-year term
- Share your feedback with Council: Tamarack@ahs.ca.





Tamarack Health Advisory Council





Tamarack@ahs.ca Chair: <u>Tara Baker</u>

Vice Chair: Lorianne Edwards

Full member list

Toll free: 1-877-275-8830

More information

AHS.ca/advisorycouncils

<u>Twitter</u> (twitter.com/ahs_councils)

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Indigenous communities map

Scan QR code to learn more:

