

<p><b>How to prepare</b></p>	<ul style="list-style-type: none"> <li>• A first morning collection is recommended but sample may be collected at any time</li> <li>• Rinse mouth and gargle with water prior to sample collection.</li> <li>• Wash hands thoroughly with soap and water.</li> <li>• Remove lid from sterile container. <b>DO NOT</b> touch the inside of the container or the lid.</li> </ul> <p>Note: Your doctor may request 3 samples. These samples must be collected 3 days in a row in 3 separate containers. Three separate requisitions should be provided to you by your doctor.</p>						
<p><b>Risks or Cautions</b></p>	<ul style="list-style-type: none"> <li>• Saliva or postnasal discharge are not acceptable samples</li> <li>• Collect a single sample</li> </ul>						
<p><b>Labelling the Sample</b></p>	<p>Label the collection container with:</p> <ul style="list-style-type: none"> <li>• Your (the patient) <b>full first and last name, date and time of collection, Provincial Health Insurance (PHN/ULI), or Government issued identification such as (Federal, Military, RCMP, Immigration, Passport #)</b></li> <li>• If you have been provided with a patient label, attach this label to the outside of the container.</li> <li>• Incorrectly or incompletely labeled specimens may not be tested.</li> </ul>						
<p><b>Lab Requisition</b></p>	<ul style="list-style-type: none"> <li>• <b>Print</b> the date/time the sample was collected on your lab requisition.</li> <li>• <b>Fold</b> and place the requisition in the <b>outside</b> pocket of the biohazard bag. <b>Do not</b> put the requisition in the bag with the sample collection container.</li> </ul>						
<p><b>Collecting the Sample</b></p>	<ol style="list-style-type: none"> <li>1. Take a few deep breaths.</li> <li>2. Cough until a deep cough is achieved.</li> <li>3. Expel sputum sample from deep cough into container.</li> <li>4. Close the container lid tightly</li> <li>5. Place container into biohazard bag.</li> </ol>						
<p><b>Sample Delivery to Lab</b></p>	<ul style="list-style-type: none"> <li>• Return sample and requisition form to the laboratory as soon as possible.</li> </ul> <table border="1" data-bbox="373 1375 1559 1564"> <thead> <tr> <th data-bbox="373 1375 966 1417">If...</th> <th data-bbox="966 1375 1559 1417">Then...</th> </tr> </thead> <tbody> <tr> <td data-bbox="373 1417 966 1491">You are able to deliver the sample within one hour of collection</td> <td data-bbox="966 1417 1559 1491">Store sample at room temperature</td> </tr> <tr> <td data-bbox="373 1491 966 1564">You are unable to deliver the sample within one hour of collection</td> <td data-bbox="966 1491 1559 1564">Refrigerate sample for up to 24 hours.</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• Prolonged delays may affect the test results</li> </ul>	If...	Then...	You are able to deliver the sample within one hour of collection	Store sample at room temperature	You are unable to deliver the sample within one hour of collection	Refrigerate sample for up to 24 hours.
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<p><b>Questions About Your Collection?</b></p>	<p>Lethbridge – (403) 388-6057 Medicine Hat – (403) 529-8919</p>						