

Agitated Behaviour Mapping Tool

Instructions: Complete the Agitated Behaviour Scale (ABS) hourly for an 8h shift.
 If total shift score is greater than 21, initiate ABS q8h.
 When total shift score is less than 21 for 3 times (24 hours), discontinue ABS.
 Use a check mark to indicate an hour of sleep to track sleep cycle.

Affix patient label within this box

Complete each of the following items. Do not leave blanks. Score each item using the following:

- 1 = Absent (behaviour not present)
- 2 = Present to a Slight Degree (behaviour does not interfere/ disrupt)
- 3 = Present to a Moderate Degree (behaviour interferes/disrupts but can be redirected)
- 4 = Present to an Extreme Degree (behaviour interferes/disrupts and cannot be redirected)

Day Shift (07-1500h) Date(*yyyy-Mon-dd*) _____

Evening Shift (15-2300h)

Night Shift (23-0700h) Observer: _____

	Time (<i>hh:mm</i>)								Highest Score
Short attention span, easy distractibility, inability to concentrate.									
Impulsive, impatient, low tolerance for pain or frustration.									
Uncooperative, resistant to care, demanding.									
Rocking, rubbing, moaning or other self-stimulating behaviour.									
Pulling at tubes, restraints, etc.									
Wandering from treatment areas.									
Restlessness, pacing, excessive movement.									
Repetitive behaviours, motor and/or verbal.									
Violent and/or threatening violence toward people or property.									
Explosive and/or unpredictable behaviour.									
Self-abusiveness, physical and/or verbal.									
Rapid, loud or excessive talking.									
Sudden changes of mood.									
Easily initiated or excessive crying and/or laughter.									
SLEEPING (<i>use check mark</i>)									
Total Score for Shift									
21 or less NORMAL	22 to 28 MILD			29 to 35 MODERATE			35 or more SEVERE		