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RESTRICTED USE	buspirone (BuSpar®)	1 of 1		
	Original	YY	MM	DD
	Revised	98	04	30
	Reviewed/Revised	00	05	02
	Reviewed/Revised	05	11	24
	Reviewed/Revised	14	03	27

### PROTOCOL

Approved for use under the following conditions;

1. Patients with a history of substance abuse. **(See below regarding benzodiazepines)**
2. Patients on CNS depressants and with decreased functional capacity due to CNS depressants.
3. Patients with severe chronic pulmonary insufficiency.
4. Patients who have failed a short term trial of benzodiazepines or have displayed intolerance to benzodiazepines.
5. Patients who require augmentation of their anti-depressant therapy.

### The following are situations where buspirone is not effective:

- Buspirone has not been found to be very effective in patients who have previously used benzodiazepines.
- Buspirone is not effective on a prn basis, as it takes 1-2 weeks of chronic therapy to demonstrate an effect.
- Buspirone has not been found to be effective in panic disorders.
- Buspirone is not effective as a hypnotic, muscle relaxant or anticonvulsant. Benzodiazepines are usually effective for these disorders.

**Note:** Contraindicated in Parkinson's disease.