# RCV: Panniculectomy Backgrounder

### Reduction in Clinical Variation: Panniculectomy

#### Overview

As part of the Alberta Surgical Initiative (ASI), a plan that strives to ensure all Albertans will receive their scheduled surgeries within clinically appropriate targets, Alberta Health Services (AHS) is implementing Reduction in Clinical Variation (RCV) in surgery.

Through collaborative development and implementation of clinical guidelines, indications, and recommendations for select scheduled surgical procedures, RCV will positively impact overall surgical wait times, improve quality of life for those needing surgery, and encourage consistency in application of clinical guidelines for those procedures across the province. RCV also falls under a larger AHS umbrella of clinical appropriateness work, Right Care Alberta.

### Panniculectomy

The first clinical procedure fully operationalizing RCV is the panniculectomy, which is the removal of the abdominal panniculus without the involvement of the abdominal wall or expectations of a cosmetic outcome.

Approximately 350 cases of panniculectomy are completed in Alberta each year. Historically, the majority (approximately 85 per cent) of these are publicly funded. Applying the RCV Ethical Framework may increase the number of procedures that are publicly funded, as the new clinical indications will better define medically necessary requirements.

#### **Process**

To determine clinical guidelines and parameters for procedures, AHS developed a RCV process to follow for procedures being reviewed, which includes the following steps:

- 1. Development of RCV Ethical Framework to guide decision-making.
- 2. Data review.
- 3. Clinical evidence reviews to identify measures of appropriateness.

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- 4. Development of clinical guidelines, indications and recommendations with clinicians.
- 5. Development of implementation plan with stakeholder engagement.
- 6. Performance measurement, monitoring, and analysis.
- 7. Quality assurance and review.

### Development of panniculectomy clinical indications

The Panniculectomy Clinical Indications have been developed for the procedure through an RCV panniculectomy working group (Appendix A). Membership included surgical leadership from each zone, as well as subject matter experts representing general surgery and plastic surgery across the zones.

Clinical indications were approved by:

- Provincial Surgery Operations Committee (PSOC) May 30, 2022
- And endorsed by:
  - AHS Medical Directors June 8, 2022
  - Provincial Practitioner Executive Committee (PPEC) Sept. 2, 2022

## Panniculectomy project status

#### **Implementation Planning**

Implementation planning is underway for provincial adoption of the panniculectomy clinical indications. To support wide-spread adoption, key stakeholders are being identified and preferred forums for broader engagement and communications are being explored.

# Appendix A: RCV Panniculectomy Working Group Membership

Member	Title	Zone	Representing		
Surgical Leadership					
Dr. Carl Nohr	Clinical Department Head, Surgery MHRH	South	Zone Leadership		
Dr. Cinzia Gaudelli	Peri-operative Medical Director	Central	Zone Leadership		
Dr. David Williams	Zone Clinical Department Head, Surgery	Edmonton	Zone Leadership		
Dr. Francis Sutherland	Alberta Surgical Initiative Deputy Department Head of Surgery	Calgary	ASI Deputy		
Dr. Ken Stewart	Deputy Zone Clinical Department Head Surgery responsible for Surgical Access and Improvement	Edmonton	ASI Deputy		
Dr. Kevin Hildebrand	Zone Clinical Department Head, Surgery	Calgary	Zone Leadership		
Dr. Peter Miles	Zone Clinical Department Head Surgery	North	Zone Leadership & General Surgery		
Surgical Representat	ives				
Dr. Franco Leoni	Surgeon	Central	General Surgery		
Dr. Jonathan Toy	Surgeon	Edmonton	Plastics		
Dr. Kody Johnson	Surgeon	Central	Plastics		
Dr. Noah Switzer	Surgeon	Edmonton	General Surgery		
Dr. Phil Mitchell	Surgeon	Calgary	General Surgery		
Dr. Rob Harrop	Surgeon Section Chief, Plastic Surgery	Calgary	Plastics		
Dr. Stephen Cassar	Surgeon	South	Plastics		
Dr. William de Haas	Surgeon	Calgary	Plastics		
RCV Project Representatives & Partners					
Heidi Stachniak	RCV Co-Lead, Senior Planner, Planning & Performance   Provincial Surgery Utilization & ASI	Provincial	AHS RCV Project		
Dr. Stewart Hamilton	RCV Co-Lead, Senior Medical Advisor	Provincial	AHS RCV Project		
Stacey Litvinchuk	Senior Provincial Director, Provincial Surgery Operations, Alberta Surgical Initiative Lead	Provincial	AHS RCV Project		

Member	Title	Zone	Representing
Joe MacGillivray	Managing Director	Calgary	Physician Learning Program (PLP)
Johanna Blaak	Lead Human Centered Design	Calgary	Physician Learning Program (PLP)
Dr. Michelle Bailey	Medical Director, Quality and Practice Improvement, PLP and CME and Professional Development	Calgary	Physician Learning Program (PLP)
Leah Ferrie	Project Manager	Calgary	Physician Learning Program (PLP)
Raymond Wen	Project Manager	Calgary	Physician Learning Program (PLP)
Dr. Don Dick	Senior Medical Director, Improving Health Outcomes Together (IHOT)	Provincial	AHS Improving Health Outcomes Together (IHOT)
Ryan Sommer	Senior Consultant, IHOT	Provincial	AHS Improving Health Outcomes Together (IHOT)