



## Minutes – Addiction and Mental Health Provincial Advisory Council

Saturday, December 01<sup>st</sup>, 2018: 8:30 a.m. – 12:00 p.m.

Acadia Room, Coast Plaza Hotel Edmonton (10155 105 Street)

Addiction & Mental Health Provincial Advisory Council									
<input checked="" type="checkbox"/>	Ariel Haubrich	<input checked="" type="checkbox"/>	Bavie Sara	<input checked="" type="checkbox"/>	Diane MacNaughton	<input checked="" type="checkbox"/>	Kaj Korvela	<input checked="" type="checkbox"/>	Monique Maisonneuve
<input checked="" type="checkbox"/>	Austin Mardon, Dr.	<input checked="" type="checkbox"/>	Candice Horne		Emily Macphail	R	Karen Andresen	<input checked="" type="checkbox"/>	Terry O’Riordan
R	Barbara Murray	R	Denise Lambert	<input checked="" type="checkbox"/>	<b>Geoff Tagg, Dr. CHAIR</b>	<input checked="" type="checkbox"/>	Lindy Fors	R	Timena Osborne
AHS Permanent Resource Persons									
<input checked="" type="checkbox"/>	Allison Bichel	<input checked="" type="checkbox"/>	Barry Andres	R	David O’Brien	<input checked="" type="checkbox"/>	Nick Mitchell, Dr.	<input checked="" type="checkbox"/>	<i>Crystal Stewart</i>
Presenters			AHS			Public			
<input checked="" type="checkbox"/>	Allison Paethke, Sr Adv Lgl Rec of Care AHS-IEM		<input checked="" type="checkbox"/>	Janine Sakatch, Community Engagement		<input checked="" type="checkbox"/>	Carrie Wylie		
<input checked="" type="checkbox"/>	Susan Rawlings, Dir Clin Bus Init CSAMH-AMH		<input checked="" type="checkbox"/>	Katherine Chubbs, South Zone		<input checked="" type="checkbox"/>	Claudia Griebel		
<input checked="" type="checkbox"/>	Ann Harding, CSAMH-AMH Child Youth Family Init								
<input checked="" type="checkbox"/>	Avril Deegan, Cal Zone AMH CAAMHP								

Agenda Item	Discussion	Action
1. Approval of Agenda	ADDITIONS: <ul style="list-style-type: none"> <li>Men, alone and at home, dominate drug overdose deaths (CBC article shared Friday, September 28<sup>th</sup>) – Monique Maisonneuve</li> <li>AMH PAC ‘One Pager’ – Crystal Stewart</li> </ul>	Agenda accepted with additions
2. Approval of Minutes		Minutes accepted as circulated

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
<b>3. 2019/2020 Addiction &amp; Mental Health Provincial Advisory Council Work Plan</b>	<p>Coming out of discussion at the September 15<sup>th</sup> AMH PAC meeting, seeking volunteers to sit on AMH PAC Work Plan Development Working Group.</p> <p>Need to focus on ‘where do we go from here’; need to consider input from Provincial AMH and AMH SCN – work hand in hand to ensure PAC priorities are on AHS’ horizon.</p> <p>Candice Horne, Bavie Sara and Lindy Fors volunteered to participate.</p>	<p><b>AMH PAC Work Plan Development Working Group struck: Candice Horne, Bavie Sara and Lindy Fors.</b></p>
<b>4. Quarterly Reports</b>		
<b>4.1. CSAMH Addiction &amp; Mental Health</b> <b>Barry Andres</b>	<ul style="list-style-type: none"> <li>• Mental Health Capacity Building in Schools: expansion following receipt of additional funding.</li> <li>• Injectable Opioid Agonist Therapy: supervised injectable hydromorphone as second-line treatment for patients with severe opioid use disorder (OUD). Clinic launched in Calgary in late October; clinic in Edmonton slated to open February 2019.</li> <li>• Developmental Pathways Training: 11 Trauma Informed Care training modules for healthcare providers better support children, youth and families experiencing addiction and mental health issues.</li> <li>• Bill 30 – Mental Health Services Protection Act: creates licensing requirements for people providing addiction treatment and counselling services; establishes College of Counselling Therapy of Alberta to guide professional practice standards. Timeline for establishment of College expected to be 18 to 24 months; facility licensing will start summer 2019 and completed winter 2019. Regulations have to be developed and will be audited by an augment to Continuing Care auditors.</li> <li>• Harm Reduction Policy for Psychoactive Substance Use: applies to services across the continuum; recognition abstinence is a goal but not required to access services – inclusive of contracted providers. Broad stakeholder engagement led to broader and more fulsome Policy than initially anticipated.</li> </ul>	<p><b>Council members with thoughts around Harm Reduction Policy for Psychoactive Substance Use implementation implications please contact Barry Andres (<a href="mailto:Barry.Andres@ahs.ca">Barry.Andres@ahs.ca</a> or <a href="mailto:Crystal.Stewart@ahs.ca">Crystal.Stewart@ahs.ca</a>).</b></p> <p><b>Harm Reduction Policy for Psychoactive Substance Use update to AMH PAC Agenda March 16<sup>th</sup>, 2019.</b></p>

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
	<p>Clarifies responsibilities of care providers to provide patients who use psychoactive substances with evidence-based, accessible, equitable, non-judgmental, compassionate, and family-centred care that respects individual rights and dignity.</p> <p>Supports ongoing quality improvement in harm reduction and health outcomes and encourages joint harm reduction strategies between AHS, community agencies and external groups.</p> <p>Varied response to Policy across health system.</p> <p>Status update to AMH PAC meeting March 16<sup>th</sup>, 2019.</p>	
<p><b>4.2.     Addiction &amp; Mental Health SCN™ including Core Committee</b> <b>Allison Bichel,</b> <b>Dr. Nick Mitchell</b></p>	<ul style="list-style-type: none"> <li>• ED Peer Support research is moving forward; update to PAC in six months.</li> <li>• Perinatal Mental Health work progressing; HOPE app developed, now being scaled to 20 sites around the province.</li> <li>• Grant related to opioid prescription for pain management project aligning with broader provincial pain management strategy and pain medication prescription. Working with Bone &amp; Joint, Surgery and ED SCNs.</li> <li>• Treatment resistant depression – Edmonton and Calgary hospital foundations funding rTMS moving forward.</li> <li>• Funding being sought to scale CanReach across Alberta to support additional training for family physicians around addiction and mental health.</li> <li>• AMH SCN will provide fulsome update on mental health in schools to a near-future AMH PAC meeting.</li> <li>• Funds utilized to develop business case for e-mental health (eMH) business case and research plan; documentation due 10 Jan 2019 for full funding consideration. Goal to integrate virtual system of AMH supports with initial focus on youth 16-24y. Will include screening; online peer to peer and family support; cognitive behavioural therapy; and brief intervention for substance misuse.</li> </ul>	

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<b>4.3. AHS Advisory Councils' Council of Chairs</b> Dr. Geoff Tagg	Next meeting planned for December 13 <sup>th</sup> , 2018; summary documentation will be circulated as provided.	
<b>4.4. AMH Policy Working Group on Residential and Addiction Services</b> Terry O'Riordan	Highlights of meeting discussion included: <ul style="list-style-type: none"> <li>• Opiate dependency treatment felt to be stigmatizing language.</li> <li>• Concern around reduced focus on alcohol due to opioid crisis.</li> <li>• Harm reduction versus abstinence requirements.</li> <li>• Snapshot of use of programs by problem gamblers.</li> </ul>	
<b>4.5. Patient Safety Quality &amp; Policy Working Group</b> Emily Macphail	No update provided at meeting due to absence; update and documentation circulated via email Monday, December 10 <sup>th</sup> , 2018.	
<b>4.6. AHS AMH Advisory Group: Harm Reduction for Psychoactive Substance Use Policy</b> Dr. Austin Mardon, Lindy Fors	Barry Andres will follow up on availability of recordings for provision to AMH PAC members for review and response.	<b>Barry Andres follow up on availability of recordings for provision to AMH PAC members for review and response.</b>
<b>4.7. Addictions Recovery and Community Health (ARCH) at Calgary PLC</b> Kaj Korvela	In-house training underway; sourcing harm reduction materials and equipment for drug testing. Developing education materials: public pamphlet; staff courses. Service launched November 26 <sup>th</sup> , 2018; seeing consults and seeking to spread the word.	<b>Crystal Stewart provide March 16<sup>th</sup>, 2016 ARCH presentation slide deck to Kaj Korvela for information.</b> <b>COMPLETE</b>
<b>5. Council Business</b>		
<b>5.1. Rural Mental Health Conference</b> Diane MacNaughton	Diane MacNaughton attended the Rural Mental Health Conference held in Brooks November 12 <sup>th</sup> through 14 <sup>th</sup> , 2018. Jointly sponsored by the Alberta Urban Municipalities Association and the Alberta Municipal Services Corporation, there were approximately 100 attendees at this event.	

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
<b>5.2. AHS Advisory Councils Fall Forum AMH PAC Attendees</b>	<p>Good AMH PAC attendance.</p> <p>DISCUSSION</p> <p>Really good connections with harm reduction. Enjoyed networking – is a critical piece. Autism raised as issue for Council consideration.</p> <p>Breakout session presenters appreciated feedback and lively discussion; rich input. Noted Fall Forum Report release pending finalization.</p> <p>Revisit autism: Support of child with autism can lead to isolation. Services delivered through pediatrics (not Mental Health). Mental Health provides support services to family.</p>	<b>Add Autism &amp; Mental Health to the Recommendations for future AMH PAC meeting presentations list.</b>
<b>5.3. AHS Health Advisory Councils Information Sharing with AMH PAC Crystal Stewart</b>	Oldman River Health Advisory Council September 18, 2018 discussed issue of opioid crisis in Lethbridge and aggressive individuals in the downtown core who access the Safe Consumption Site. AHS continues to work with various local stakeholders to provide education on services available.	
<b>5.4. Recommendations for future meeting presentations AMH PAC All</b>	Request received via email for a tour of the new Access 24/7 location at RAH Anderson Hall. Crystal will inquire about tour in March 2019.	<b>Crystal Stewart follow up on tour of Access 24/7 at RAH Anderson Hall March 2019.</b>
<b>5.5. Men, alone and at home, dominate drug overdose deaths (CBC article sent 28 Sep 2018) Monique Maisonneuve</b>	Query actions underway to address this issue: mostly young men employed in trades. Noted data in article was from BC though situation is similar in Alberta. Community-based Naloxone provision has resulted in 5,500 overdose reversals yet still seeing people die due to using alone.	
<b>5.6. AMH PAC 'One Pager' Crystal Stewart</b>	'One pager' has had feedback garnered at the September 15 <sup>th</sup> meeting incorporated; updated version will be circulated following the meeting for electronic feedback.	<b>Crystal Stewart will circulate updated AMH PAC 'One Pager' for email feedback.</b>
<b>6. Next Meeting</b>	Saturday, March 16 <sup>th</sup> , 2019 8:30 a.m. Call to Order <b>Acadia Room, Coast Edmonton Plaza (10155 105 St)</b>	

7. Meeting Evaluation and Adjournment	<i>MEETING EVALUATION</i> <i>7 received of 10 possible</i>	<i>Strongly Agree</i>	<i>Agree</i>	<i>Neither Agree nor Disagree</i>	<i>Disagree</i>	<i>Strongly Disagree</i>
	<b>Topics were related to the purpose of our Council</b>	7				
	<b>Topics were an effective use of time</b>	7				
	<b>Topics were enjoyable / interesting</b>	6	1			
	<b>Council members were engaged and actively participated</b>	5	2			
<b>FEEDBACK</b>						
<b>What was the most valuable thing accomplished?</b>						
<ul style="list-style-type: none"> <li>• Presentations</li> <li>• Harm Reduction discussion</li> <li>• Good information</li> <li>• Updates and feedback from Council</li> <li>• Accomplishments of the Council ... excited about seeing some of the historical work being implemented</li> <li>• Listening to others points of view</li> <li>• Interaction</li> <li>• A lot of great and rich discussion on numerous topics</li> </ul>						
<b>What did you enjoy most at this meeting?</b>						
<ul style="list-style-type: none"> <li>• Discussion (2) with other Council members</li> <li>• Spontaneous yet structured conversations</li> <li>• AMH SCN Allison Bichel's presentation on E-tools was very good and exciting; I also think the Connect Care info was fascinating</li> <li>• Timely, relevant information</li> <li>• Updates re: Connect Care, E-Mental Health, Counselling regulation</li> </ul>						
<b>What would you recommend to improve future meetings?</b>						
<ul style="list-style-type: none"> <li>• I like being able to read/see the meeting package in advance digitally</li> </ul>						
<b>Other comments:</b>						
<ul style="list-style-type: none"> <li>• Presentation ideas: Recovery-based Practices; LGBTQ issues &amp; needs</li> </ul>						