



## Seniors and Continuing Care Provincial Advisory Council Minutes Friday, December 13<sup>th</sup>, 2024 at 1:00 p.m. via Zoom

Ser	Seniors & Continuing Care Provincial Advisory Council						
	Ejehi Faith Akhile	$\checkmark$	Ken Hansen	V	Veronika Kiryanova		
$\overline{\mathbf{V}}$	Irene Donohue		Michelle Miller		Vacant (EDM Zone) (2)		
	Jill Chambers	V	Pat Esau, Chair		Vacant (NOR Zone) (3)		
	Julie Handrahan	R	Susan MacDonald		Vacant (SOU Zone) (2)		
AHS	AHS Permanent Resource Persons						
R	Robyn Maddox, Senior Provincial Officer Provincial Seniors Health & Continuing Care (PSHCC)						
	Niall MacDonald, Executive Director Provincial Seniors Health & Continuing Care						
	Dr. Jim Silvius, Senior Medical Director Provincial Seniors Health & Continuing Care						
$\overline{\mathbf{A}}$	Crystal Stewart, Council Coordinator SCC PAC / Coordinator PSHCC						
AHS	AHS						
$\overline{\mathbf{A}}$	Colin Zieber, Senior Operating Officer South Zone						
	Eleanor Risling, Executive Director Continuing Care Edmonton Zone						
R	Janet Kaplan, Executive Director Seniors Health North Zone						
	Janine Sakatch, Executive Director Community Engagement & External Relations						
	Lesley Myles, Executive Director Seniors, Palliative and Continuing Care Calgary Zone						
	Lori Sparrow, Senior Operating Officer Community and Seniors Health Central Zone						
Т	Mircea Fagarasanu, Interim Vice President Provincial Clinical Excellence						
Gue	ests & Public Members						
$\overline{\checkmark}$	Heather Hanson, Assistant Sc	ienti	fic Director PSHCC				
$\overline{\checkmark}$	Diane MacNaughton, Public Member SOU Zone Red Cliff						
Presenter(s)							
	Michelle Peterson Fraser, Director Provincial Palliative & End of Live Care, PSHCC						
$\overline{\checkmark}$	Kat (Kathleen) Parry, Senior Practice Consultant Advanced Care Planning, PEOLC PSHCC						

Senio	rs & Continuing Care Provincial Advisory Council Meeting		ACTIONS
	Call to Order	Pat Esau	
	Acknowledgement of Traditional Lands		
	Our work takes place on historical and contemporary Indigeno	us lands,	
	including the territories of Treaty 6, Treaty 7 and Treaty 8, and t	he	
	homeland of the Métis Nation of Alberta and eight Métis Settler	ments.	
	We also acknowledge the many Indigenous communities that	have	
	been forged in urban centres across Alberta.		
P1	Alberta Advanced Care Planning and Goals of Care		
	Michelle Peterson Fraser, k	Kat Parry	
	Overview of Advance Care Planning and Goals of Care provide	d with	
	presentation on-screen.		
	ACP GCD launched in AB in former Calgary Health Region in 20	008 and	
	was modified for provincial implementation in 2014 to plan and	d	
	document individual wishes. <i>Green Sleeve</i> , available through p	orimary	
	care practitioners, contains documentation to confirm choices	s related	





Seniors and Continuing Care Provincial Advisory Council

Senior	s & Continuing Care Provincial Advisory Council Meeting	ACTIONS
	to care services an individual wants to receive, and those they do not	
	wish to receive.	
	Website: www.conversationsmatter.ca	
	Email: conversationsmatter@ahs.ca	
	Patient and Family section of website contains links to video resources.	
	April 16 <sup>th</sup> is National Advance Care Planning Day	
	Email ConversationsMatter@ahs.ca to request send of Green Sleeves.	
	Please share these options broadly.	
	Connect Care Patients & Families   Alberta Health Services	
	Advance Care Planning: Keep important information in a Green Sleeve	
	How to Order Your Green Sleeve	
1.	Approval of SCC PAC Agenda: December 13th, 2024	Agenda accepted as
	Agenda accepted as circulated	circulated
2.	Approval of SCC PAC Meeting Minutes: September 20th, 2024	Minutes accepted as
	Minutes accepted as circulated	circulated
3.	Quarterly Updates	
3.1.	·	
	Overview of Committee activity provided: collection of feedback for	
	Patient Allergy and Reaction underway; ACP GCD, Dental Hygiene and	
	Patient Death at Home, Patient Risk Assessment, Cannabis Use and	
	Records Retention discussed. Continuing Care Appeal Process and	
	Client Care Package being reviewed for provincial alignment.	
3.2.		
	Quality of Care support documents being developed. The Quality of	
	Life (QoL) Framework posted on the Continuing Care Connection	
	website under Learning Opportunities/Education/Alberta Quality of	
	Life Initiative. Register to access Continuing Care Connection.	
	Consultations completed in continuing care centres over recent	
	weeks; staff and families felt direction was right, but approach may not	
	be actionable. Need to focus efforts on small, low-cost solutions as	
	well as larger, costlier options. Consultations will continue; will	
	address next steps going forward. Government has received	
	applications for QoL grant funds for site-based activities; decisions not	
	yet made. Will monitor successes for potential provincial spread. Staff	
	have said this work is timely and needs to be done, recognizing	
	challenges with operationalization.	
4.	Council Business	
4.1.	Connecting researchers with patients/carers for individual lived	
	<b>experience</b> Heather Hanson, Jim Silvius	Heather Hanson will email research





Seniors and Continuing Care Provincial Advisory Council

Seniors	& Continuing Care Provincial Advisory Council Meeting	ACTIONS
	Heather Hanson, Assistant Scientific Director with PSHCC Scientific Office – support research related to best practice.  Receive requests from academic colleagues for individuals to join research opportunities. Seeking recommendations on how best to connect researchers with patient and family advisors.  MyImpactPage - Albertans4HealthResearch.ca.  Discussion followed regarding Alberta research and process for approval including Ethics Board review; participants do not need to seek additional Ethics approval. Patient Advisors can go to MyImpactPage - Albertans4HealthResearch.ca and sign up for mailing list to receive research opportunities as they become available.  Heather Hanson will email research participation opportunities to Crystal Stewart to share with Council, including any support documents as provided and confirmation whether opportunity can be	opportunities to Crystal to share with SCC PAC members.
4.2.	Medical Aid in Dying (MAID) Update – Federal and Provincial  Jim Silvius  Fifth Annual Report on Medical Assistance in Dying in Canada, 2023 –  Canada.ca – newly released most recent report and data.  MAID continues to be offered in Alberta; Legislation has not changed.  Intent by Federal Government was to include mental health as a primary source of suffering as an eligible reason; this has caused concern, and implementation has been delayed on this work.  Federal Government striking Expert Panel to look at Advance Care Planning with ability to consent to MAID.  Premier has sent directive to Minister of Justice to review MAID applications to affirm approvals are appropriate. Cross-Ministerial Working Group seeking engagement and feedback; encourage individuals to complete the survey: Medical assistance in dying engagement   Alberta.ca (closes Friday, December 20 <sup>th</sup> ).  Stakeholders have been contacted to develop a 'What We Heard' report.	SCC PAC members encouraged to complete Medical assistance in dying engagement   Alberta.ca survey, and to share the survey across networks (closes Friday, December 20th).
4.3.	Seniors & Continuing Care Provincial Advisory Council 2025/26  Meeting Schedule Crystal Stewart  DRAFT 2025/26 Meeting Schedule shared on-screen. No objections expressed. Reach out to Crystal to discuss conflict and/or request for reschedule.	Dates accepted as circulated. Notify Crystal of individual meeting conflicts.
4.4.	Future Presentations to Seniors and Continuing Care PAC Crystal Stewart	Crystal will schedule Palliative





Seniors and Continuing Care Provincial Advisory Council

Selliois d	& Continuing Care Provincial Advisory Council Meeting	ACTIONS
	Document shared on-screen; no additions put forward. Request for	Education for March
	Palliative Education and rural hospice access to March meeting.	meeting.
4.5.	PSHCC Update Niall MacDonald, Jim Silvius	
	Provincial Seniors Health and Continuing Care team activities	Members
	overview provided, including Policy, support for Connect Care	encouraged to
	launches, alignment of policies and procedures with new Continuing	consider joining
	Care Legislation and Act updates. Continuing Care Transformation	Quality of Life
	Initiatives continue in alignment with approvals and budget. Capacity	Toolkit Working
	continues to be sought to meet needs of population and support	Group with work to
	system flow, especially during respiratory virus season.	incorporate Trauma
		Informed Care in
	Primary Care Alberta has been officially stood up and will become	2025.
	operational in early 2025.	
	Trauma Informed Care workshop held in October, organized by Carole	
	Estabrooks and TREC (Translating Research in Elder Care) out of	
	University of Alberta to consider how to address effects of prior	
,	trauma with continuing care residents and avoid re-traumatization.	
	Policy Workshop held, looking at incorporating into QoL Toolkit going	
	forward amongst other activities. Reach out to Crystal or Jim if	
	interested in participating in Working Groups in the new year.	
Se	eniors & Continuing Care Provincial Advisory Council Round Table	
an	nd Christmas Wishes	
In۱	volved with Appeal Panel case and wanted to mention how great the	
pro	ocess is. Received all background information; had internal meeting,	
the	en with client, then with Board, then again with client. Process worked	
ve	ry well.	
Ho	oliday wishes to everyone, rest and peace this holiday season. Thanks	
to	you all.	
Se	eniors & Continuing Care Provincial Advisory Council Meeting	2:05 n m
Ad	ljournment	3:05 p.m.
Ne	ext Meeting	
F	riday, March 14 <sup>th</sup> , 2025 at 1:00 via Zoom	