



Diane brings to Council a hopeful attitude and an honest opinion on seniors and continuing care and addiction and mental health.



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Diane MacNaughton is no stranger to Advisory Councils — in fact, she’s served on a few over the past two decades.

Joining the Seniors and Continuing Care in 2022 and previously the Addiction & Mental Health Provincial Advisory Council in 2015 only continues the civic journey she began as a member of her Community Health Council in 2003, followed by her stint on her regional Health Advisory Council in 2009.

“I think I like to take (to Council) my experiences, both good and bad - and that includes the people that I’ve met along the way,” she says. “I also include the people I’ve met in the numerous peer-support groups I’ve been in over the years such as Parents of Twins, Mood Disorders and Parents of Autistics.”

Her varied healthcare interests encompass a broad spectrum.

“I’m passionate about many things - mental health, addiction, autism, sexual abuse, poverty, gender equality and suicide prevention - to name a few.

“Our Council helps provide direction to Mental Health and Addiction from the point of view of lived experience, which is needed. Every member has been affected in some way - and gives their opinion - and some of us sit on very important working committees.”

Dedicated to improving healthcare wherever possible, Diane keeps an open mind.

“I do not have an agenda or goals on Council - just to participate and give my honest opinion, as it is asked.”

Being a member of the Seniors and Continuing Care Provincial Advisory Council also fuels her optimism.

“I have never been without hope,” she adds. “Every Council I have ever been on has produced results. Some do it quicker, but all are helpful, and all are meaningful.”

In her free time, she loves to sing in her church choir and attend plays, operas and concerts. Her favourite sports interest, however, resides a few provinces away.

“My favourite football team is the Hamilton Tiger-Cats.”

For more information on the Seniors and Continuing Care Provincial Advisory Council, visit ahs.ca/advisorycouncils, or email cc.pac@ahs.ca.