



B strives to break down barriers to inclusion

A desire to open more lines of communication, share knowledge, connect people and break down barriers brought B Adair to the Sexual Orientation, Gender Identity & Expression (SOGIE) Provincial Advisory Council (PAC).

“There are so many brilliant and wonderful people on our PAC,” says B. “It’s incredibly inspiring and affirming to be in a space with such a like-minded, passionate and dedicated group.”

B brings considerable lived experience to the Council as an openly gay and transgender man who grew up on a small farm in east-central Alberta. Today he devotes his energy and passion to promote advocacy and education for rural communities regarding LGBTQ2S+ issues and awareness — with a goal to ensure access to important and necessary healthcare resources, and to eradicate stereotypes in order to remove stigmas and barriers to inclusion.

B says his experience navigating the rural healthcare system as a neurodivergent, queer trans man with mental health concerns has been hard — and he knew early on it would require a lot of work to see improvements.

“I nearly died because there were no appropriate mental health resources available in east-central Alberta. I was hospitalized twice for suicidal ideation because I felt like I had nowhere to turn for help and support. Being released from the care of some professionals because they didn’t know how to deal with me was devastating. If not for my partners’ support I’m not sure I’d be here today.”

B also brings to the Council experience as a healthcare professional in Emergency Medical Services, as a primary care paramedic. In addition, B launched Just B Diversity & Inclusion Consulting in 2019; a company that helps people discover the importance of creating spaces where all Albertans feel safe and supported.

“I want to help people learn about oppression, privilege and intersectionality. Learning this has truly opened my eyes and made my life more valuable — so much so that I want to share this experience with others,” B adds.

As a PAC member, “I want queer Albertans to know we’re here to represent them and their concerns. If we can share knowledge and experiences, we can make change, together.”

In his personal life, B loves “anything outdoors” and loves to camp, hike, kayak and go geocaching. He’s also an avid reader, writes fiction and enjoys time with family and friends.



B Adair loves to read and write fiction as well as enjoy the outdoors through adventures in camping, hiking, kayaking and geocaching.

For more information on the Sexual Orientation, Gender Identity and Expression Provincial Advisory Council, visit ahs.ca/advisorycouncils, or email sogie.pac@ahs.ca.