AHS COMPETENCIES
values in action

know myself
how we reflect and look for opportunities to grow

take responsibility
• own my decisions and actions
• follow through on my commitments
• acknowledge and try to fix my mistakes

eager to learn
• own my growth and development
• seek and use feedback for self-improvement
• learn from my experiences

recognize my emotions
• notice how my emotions affect others
• stay calm and respectful in difficult situations
• focus on finding solutions

show kindness
• consider and respond to others’ needs
• understand and respect others’ differences
• be friendly, helpful and caring

commit communicate effectively
• seek others’ opinions and perspectives
• provide timely, complete and appropriate information
• adapt to meet others’ needs and to be understood

work with others
• build positive relationships
• work together to get things done
• encourage and appreciate others

stand up for safety
• follow safety protocols and standards
• be alert for hazards and speak up
• share safety knowledge with others

commit to quality service
• strive to understand clients’ needs
• focus on what matters to clients
• look for ways to improve our services

act with purpose
• make decisions in a timely manner
• embrace new ideas and ways of working
• move forward and adjust as needed

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