

The Alberta Pain Strategy 2019-2024



Vision

Achieving excellence in pain management across the lifespan for all Albertans.

Guiding Principles



Culture of Quality



Healthcare Equity



Patient & Family Experience



Engagement & Collaboration



Prevention



Evidence-Informed Practice

Facilitators of Change



Clinical Pathways



Research



Data & Analytics



Patient, Provider, & Public Education



Leadership

Focus Areas & Priorities



Acute Pain:

Support individuals, their families/caregivers, and providers in the optimal management of acute pain.



Priorities:

- Appropriate Pharmacologic Interventions
- Multimodal Pain Strategies
- Patient, Provider, and Public Education
- Transitional Pain Service



Chronic Pain:

Support people living with chronic pain, their families/caregivers, and providers to optimize management of chronic pain and its effects on function and quality of life.



Priorities:

- Access
- Patient, Provider, and Public Education
- Performance Outcomes
- Provincial Approaches



Opioid Use in Pain Management:

Respond to the opioid crisis by examining the appropriateness of opioid use for patients living with acute and chronic pain.



Priorities:

- Evidence-Informed Options and Current Guidelines
- Indigenous Populations and Response
- Opioid Dependency Treatment
- Pathway Development
- Patient, Provider, and Public Education
- Protecting Legacy Patients and Addressing Stigma
- Monitoring Use and Impact