

Reported Edmonton Frail Scale

Frailty Domain	Item	0 Point	1 Point	2 Points
Cognition	Please imagine this pre-drawn circle is a clock. I would like you to place the numbers in the correct positions, then place the hands to indicate a time of 'ten after eleven'.	No errors	Minor spacing errors	Other errors
General Health Status	In the past year, how many times have you been admitted to a hospital? In general, how would you describe your health?	0 Excellent/Very Good/Good	1-2 Fair	≥ 2 Poor
Functional Independence	With how many of the following activities do you require help? meal preparation / shopping / transportation / telephone / housekeeping / laundry / managing money / taking medications	0-1	2-4	5-8
Social Support	When you need help, can you count on someone who is willing and able to meet your needs?	Always	Sometimes	Never
Medication Use	Do you use five or more different prescription medications on a regular basis? At times, do you forget to take your prescription medications?	No No	Yes Yes	
Nutrition	Have you recently lost weight such that your clothing has become looser?	No	Yes	
Mood	Do you often feel sad or depressed?	No	Yes	
Continence	Do you have a problem with losing control of urine when you don't want to?	No	Yes	
Self Reported Performance	Two weeks ago, were you able to: (1) Do heavy work around the house like washing windows, walls, or floors without help? (2) Walk up and down stairs to the second floor without help? (3) Walk 1 km without help?	Yes Yes Yes	No No No	

Scoring for the Reported Edmonton Frail Scale (/18):

Not Frail: 0-5

Apparently Vulnerable: 6-7

Mildly Frail: 8-9

Moderate Frailty: 10-11

Severe Frailty: 12-18

References: Hilmer, S.N. et al. (2009). The assessment of frailty in older people in acute care. *Australasian Journal on Ageing*. 28(4), 182-188.

Rolfson, D.B. et al. (2006). Validity and reliability of the Edmonton Frail Scale. *Age and Ageing*. 35(5), 526-529.