Hemiarthroplasty Repair

You have had a hemiarthroplasty repair which involves removing the fractured head and neck of the femur and replacing the fractured bone with a prosthesis (an artificial, metal implant).

Movement Precautions

- Always keep a pillow between your knees when you are in bed.
- Do not lunge backwards with your operated leg.
- Do not allow your operated leg to rotate (turn outwards).
- Do not kneel. Do not swing leg outward (e.g., like when getting on a horse).

How much weight can you put on your repaired leg:

___________________________________________________________________________

Notes

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Last reviewed November 14, 2014 / Bone & Joint Health Strategic Clinical Network