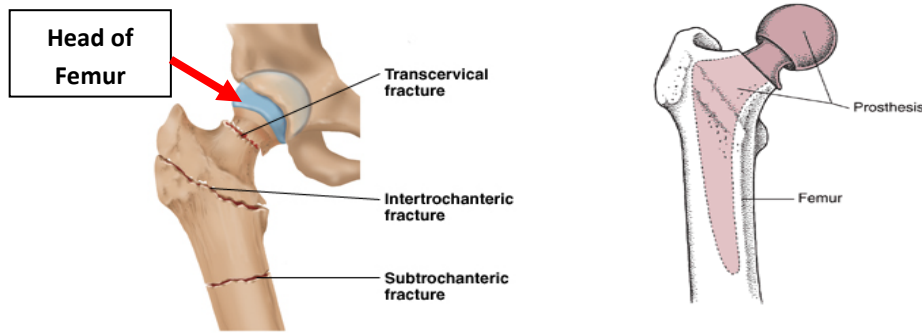


## Hemiarthroplasty Repair



You have had a hemiarthroplasty repair which involves removing the fractured head and neck of the femur and replacing the fractured bone with a prosthesis (an artificial, metal implant).

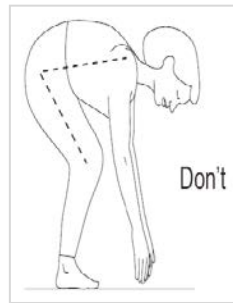
### Movement Precautions



Do not bring your knee higher than your hip.



Do not reach forward towards your feet.



Do not reach down for objects on the floor.



Do not cross your legs or twist your body.



- Always keep a pillow between your knees when you are in bed.
- Do not lunge backwards with your operated leg.
- Do not allow your operated leg to rotate (turn outwards).
- Do not kneel. Do not swing leg outward (e.g., like when getting on a horse).

How much weight can you put on your repaired leg:

Notes