Intramedullary (IM) or Gamma® Nail Repair

You have had an Intramedullary (IM) nail or Gamma® nail which involves placing a nail down into the femur and a screw up into the head of the femur. The nail is secured with a screw lower down the femur.

Movement Precautions

If pins, screws, nails, or plates were used to repair your broken hip, do not put more weight on the operative side than your Doctor, Nurses or Therapists say you can.

Use a pillow between your legs for comfort when you are lying in bed.

How much weight can you put on your repaired leg:

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Notes

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Last reviewed November 14, 2014 / Bone & Joint Health Strategic Clinical Network