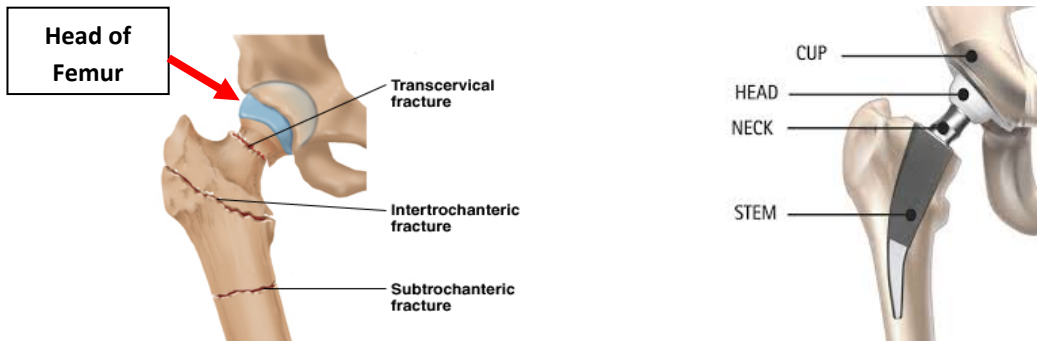


## Total Hip Replacement (Total Hip Arthroplasty)



Total hip replacement surgery uses metal, ceramic, or plastic parts to replace the ball at the upper end of the thigh bone (femur) and the hip socket (acetabulum) in the pelvic bone.

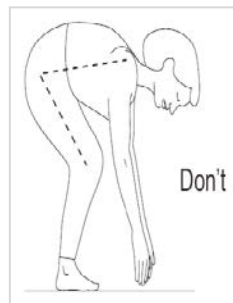
### Movement Precautions



Do not bring your knee higher than your hip.



Do not reach forward towards your feet.



Do not reach down for objects on the floor.



Do not cross your legs or twist your body.



- Always keep a pillow between your knees when you are in bed.
- Do not allow your operated leg to rotate.
- Do not kneel.
- Do not lunge backwards with your operated leg.

How much weight can you put on your repaired leg:

Notes