Total Hip Replacement (Total Hip Arthroplasty)

Total hip replacement surgery uses metal, ceramic, or plastic parts to replace the ball at the upper end of the thigh bone (femur) and the hip socket (acetabulum) in the pelvic bone.

Movement Precautions

- Always keep a pillow between your knees when you are in bed.
- Do not allow your operated leg to rotate.
- Do not kneel.
- Do not lunge backwards with your operated leg.

How much weight can you put on your repaired leg: __________________________________________

Notes
___________________________________________________________________________________
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___________________________________________________________________________________

Last reviewed July 22, 2015 / Bone & Joint Health Strategic Clinical Network