**Patient Population:** Breast cancer patients undergoing major breast cancer surgery alone (i.e., mastectomy without reconstruction, breast conserving surgery without reconstruction, lymph node resection without reconstruction), who are medically and socially fit for same-day surgery.

**Definition:** Same-day major breast cancer surgery is defined as having discharge from hospital on the same calendar day as surgery.

**Criteria:** Contraindications to same-day major breast cancer surgery: 1) multiple co-morbidities deemed unfit for same-day surgery; 2) distance from hospital to home is too far for travel on same-day as surgery; 3) psychosocial issues deemed unfit for same-day surgery; 4) no driver to take the patient home; 5) age > 80.

**Pathway:**

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surgical Consultation</td>
<td>Perioperative Patient Education</td>
</tr>
<tr>
<td>Pre-admission Clinic (PAC)</td>
<td>Admission</td>
</tr>
<tr>
<td>Surgery</td>
<td>Post-Anesthesia Recovery Room (PARR)</td>
</tr>
<tr>
<td>In-hospital recovery and Discharge (same calendar day as Surgery)</td>
<td>Early Post-operative Recovery POD1-3</td>
</tr>
</tbody>
</table>

**Care Providers:**

- Breast Surgeon
- Breast Surgeon and/or Breast Cancer Nurse Navigators
- PAC Nursing Staff
- Surgical Unit Nursing Staff
- Breast Surgeon
- PARR Nursing Staff
- Surgical Unit Nursing Staff
- Breast Cancer Nurse Navigators or Surgical Unit Nursing Staff

**Principles of Care:**

- All patients should receive major breast cancer surgery as same-day surgery, if they are deemed medically and socially fit.

**Components:**

- Delivery of provincial patient information resources via print and online booklet, in-person group education classes and online video series
- Reinforcement of same-day surgery, exercises after surgery, drain care, and early post-op complication management through 1:1 teaching scripts
- Reinforcement of same-day surgery teaching and protocols via staff in-services
- Implementation of standardized discharge orders: 1) supportive post-op medication; 2) discharge teaching (drain care, early post-op complications, exercises after surgery); 3) pain management
- Phone call to patients at high risk of early post-op complications
- Implementation of protocol for managing early post-op complications

**Measures:**

- Patient experience survey – satisfaction with perioperative care
- Rates of breast cancer day surgery (admission and discharge on same calendar day)
- Unscheduled ambulatory visits readmissions, post-op complications within 30 days of surgery

Last updated 2016