

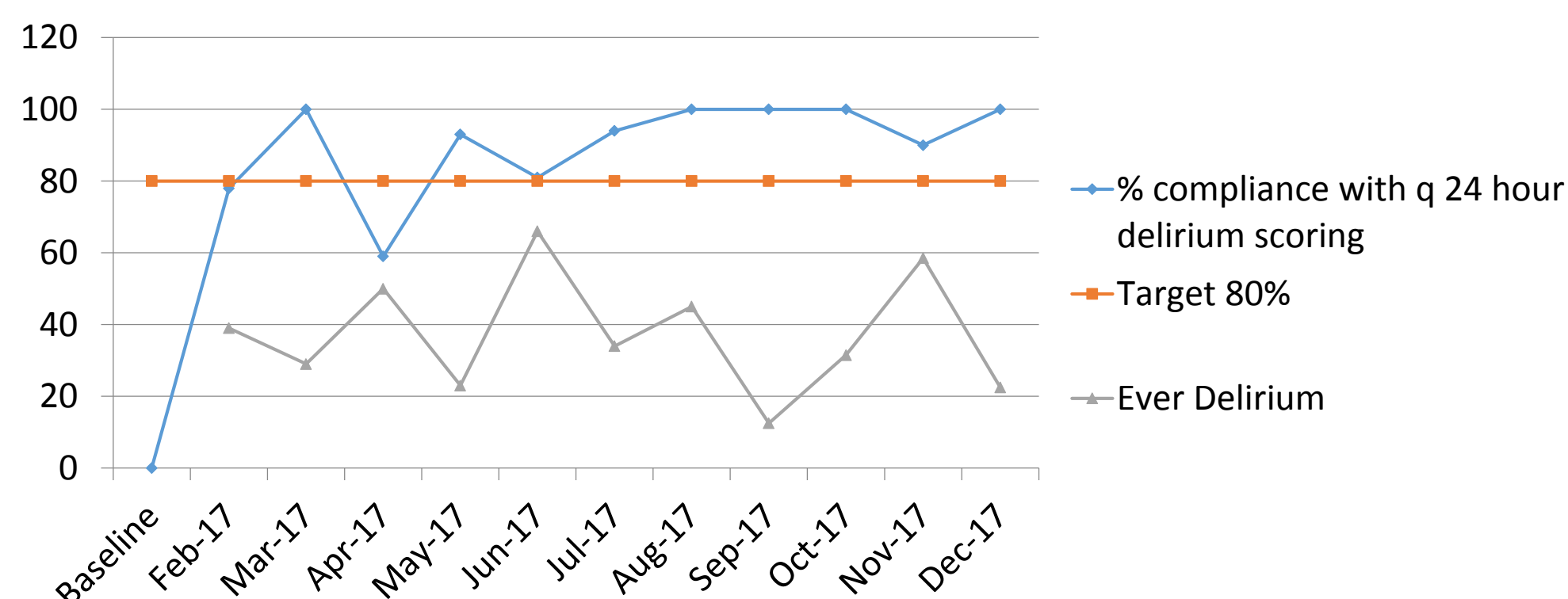
# Alberta Children's Hospital PICU

## THE PAST

- Poly-pharmacy – instead of revising drugs, new ones were added
- Inconsistent measurement of pain and sedation, no measurement of delirium

## OUR UNIT DELIRIUM TEAM

- Natasha Bansley RN CNCCP (C)
- Laura Bird RRT Educator
- Wendy Bissett CNE CNCCP (C)
- Janelle Carbert RN
- Paul Doughty MD FRCPC
- Kat Grant MScPT
- Stephanie Hall RN CNCCP (C)
- Laurie Lee MN NP CNCCP (C)
- Shannon Lindsay RRT



## THE PRESENT

- Unit Champions to support day to day practice of the PAD program in PICU
- Consistent measurement of pain, agitation and delirium
- Re-engagement of critical team members through morning bullet rounds with child life, PTs, and communication team
- Extubation Readiness Tests led by RRTs with inclusion/exclusion criteria to improve early extubation and lessen ventilator days
- Consistent involvement of families including attempts to emulate the patient's schedule from home as much as possible through use of "My Daily Schedule"

## THE FUTURE

- Restraint as a last resort
- Sleep Promotion Strategies
- Back to the Bedside (B2B) initiative to bring staff back into patient room for charting and monitoring
- Bedside blitzes by PAD champions to reengage and educate staff
- PAD binder of all resources and stats
- PAD cupboard of communication tools, iPads, cognitive exercise devices
- Buzzy bees to reduce pain sensation from pokes

**We commit to de-adopt:**  
 The culture of reliance on physical restraints  
**We will adopt:**  
 A culture of sleep promotion and family engagement in creating patient schedules

