

# MetaVision: **\*New\* mobility form (adults)**

Thank you to the eCritical customization team and Mobility Working group for all of your hard work!

## \*REVISED\* ELIGIBILITY CRITERIA

### Contraindications for Early Mobility

#### Contraindications for In Bed Mobility

- requires significant and / or escalating doses of vasopressors for hemodynamic stability
- is experiencing acute cardiac event (unstable dysrhythmia, ischemia)
- requires significant and /or escalating respiratory support.
- is experiencing acute agitation posing an extreme safety risk
- is experiencing major active bleeding

#### Contraindications for Out of Bed Mobility

- meets any contraindications for in bed mobility
- has an unstable or high risk airway
- requires neuromuscular paralytic agents has an acute neurologic event (e.g. stroke, intracerebral hemorrhage)
- is experiencing uncontrolled pain despite intervention
- has an unstable spine or extremity fracture
- has a grave prognosis and is transitioning to comfort care
- has an open abdomen with a risk for dehiscence
- has an open chest
- has an order for “bedrest” with specific rationale

**Any of the above will require reassessment for mobility every 12 hours**  
Contraindications to general ICU mobilization may pertain to in bed or out of bed mobilization activities, or both. These exclusion criteria may be used in conjunction with individual site specific contraindications and will not supersede the use of sound clinical judgement.

## MOBILITY ASSESSMENT Q12H

Provincial practice expectation: Assess & document mobility q12h and prn. Mobility form now available in physical assessment view and in tab view.

Mobility assessment form in MetaVision reflects the provincial Mobility Readiness Tool (can view readiness tool here via linked purple button)

## SAMPLE: DANGLE CHARTING

Sample of charting a patient dangle based upon the previous screen mobility assessment.

## MOBILITY FORM “ACTIVATED”

Once an assessment is charted, you have access to document in-bed or out of bed activities. You can access all of the forms, not just what you assessed for.

## MOBILITY DASHBOARD

This view demonstrates the mobility assessment summary, daily counts, and max mobility achieved (captured as “in-bed” or “out of bed” only)