

# South Health Campus – ICU/CCU, Calgary

## THE PAST

- Our unit opened February 25, 2013 with a culture of delirium prevention and management due to the great work done by our Calgary DCCM colleagues
- Because we were new we lost some focus as there was much to learn as a new team, unit and hospital!
- Things we needed to improve on were:
  - ✓ Organizing and formalizing bullet rounds
  - ✓ Adopting Non Pharmacological methods to manage delirium
  - ✓ Utilizing developed SAT and SBT protocols

## OUR UNIT DELIRIUM TEAM

Dr. Juan Posadas	Jana Smith NC
Charissa Elton-Lacasse NP	Ashley Lenius RN
Jon Pryznyk RRT	Jeanna Morrissey SCN
Kari Taylor CNE	Karolina Herold QI
Mallory Watson OT	Yung Pham RRT Manager
Michelle Parsons PT	Stephanie Oviatt PT
Devika Kashyap QI	
Rachel Taylor Manager	

## THE PRESENT

- Our biggest change was formalizing bullet rounds. It is what is done daily on the unit and has contributed to decreasing delirium in the patients.
- **Bullet rounds** is done at 0810 with the team and asks:
  - What is the goal RASS for today?
  - Can we extubate today?
  - What tests/procedures need to be done today?
  - What is the mobility plan today?
  - Can this patient be up for transfer or discharge?
  - Days in Hospital
- **Biggest Challenge**  
Having all team members present
- **Biggest Learning**  
It makes a huge difference in getting the plan underway for the patient and their family

The percentage of days that a patient experiences delirium in our ICU went from 23.33% to 15.8%!!

## THE FUTURE

- What is in?  
Our goal is to maintain our Delirium Working Group. We have renewed interest from frontline staff to participate in the work!
- Mobility is very important with delirium initiatives yet we struggle to get our 3<sup>rd</sup> mobilization completed. We do not know if it is related to it being done but not documented or if it is simply not being done. We will focus on better understanding this.

SHC	3x/24hrs
Nov	23%
Dec	15.4%
Jan	36%
Feb	30.7%

- Devising better ways to communicate with our team about the work done, audit results and next steps.
- What is out?  
Without the SCNs help we may need to alter how we do audits as support is needed to help tabulate the results.

Thank you SCN for your help and guidance with this initiative!