



Connecting People & Community for Living Well

Transforming wellbeing across the lifespan

Grant activities and impact, Jan 2020 to Dec 2022

Provincial Support

Advocacy, facilitation, research and evidence, guidance, creating space for networking and connections with experts, presentations to local, provincial, national and international audiences.



43

Partner meetings & presentations



Leadership engagement panel, Healthy Aging Alberta, Wellspring, Wood Buffalo Arts Council, Inside Out Theatre

14

Knowledge products & webinars



Community reports, network maps, pandemic case studies, evaluations, Wellbeing Guide, Competency Framework, Applied Research Summary, Impact storytelling, What Matters to You

Community Action

Multisector teams include Family and Community Support Services, Primary Care Networks, Home Care, and people with lived experience.



Multi-sector collaboration
(health, community, business)

54

Active members

5

Community teams

Education & programs
(arts, recreation, respite, support groups, living with dementia)

60

Activities (virtual & in-person)

1,000s

Participants

Resources

\$296,000

invested into communities through grants & donations

Innovation and Adaptability

Relationships are key when seeking new ways to do things, transforming thinking, and demonstrating meaningful change in a complex setting. By building and nurturing diverse partnerships, teams have created resources and programs that support wellbeing in their communities.



- Programs address multiple needs** Socialization, physical activity, brain health, education, respite
- Mixed service delivery models** Virtual, face-to-face, pop-up programs
- Resources for community teams** Wellbeing Guide, Competency Framework, Workplan
- Multiple approaches to understanding impact** Principle-based, social return on investment