Heart Failure Patient Education Resource Package

You can order hardcopies for your site from <u>Data Group</u>

FORM / ITEM # (Order #)	Title / Description
104871	Heart Failure Patient Education Resource Package (with colour resources where required)
Individual Items	
C-2264	Benefits of Low Salt (Sodium) Diet
C-2263	Daily Weight Monitoring
C-1887	Heart Failure Management Guide
HF – 001	Heart Failure Medicines
HF- 002	Heart Failure On-line Patient Resources
404103	Nutrition and Lifestyle Choices to Manage Heart Failure
FC-2265	Signs and Symptoms of Heart Failure
607808	Sodium Foods Pictorial
HF-003	Weight Chart

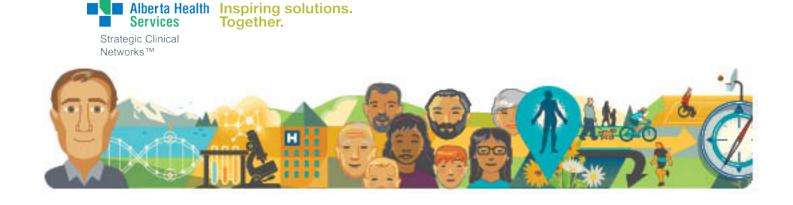
Living Well with Heart Failure – Heart & Stroke Foundation

Some sites have chosen to use the 'Living with Heart Failure' booklet from the Heart and Stroke Foundation. It is a free resource.

Heart & Stroke Foundation: Living with Heart Failure: Resources to help you manage your heart failure

To order copies of the "Living with Heart Failure" booklet:

- 1. Visit the Heart & Stroke Foundation
- 2. Go to "What we do"
- 3. Scroll down to "Health information publications"
- 4. There is a "jump to" section with a link titled "How to order".
- 5. Access the order form and ordering guidelines.



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Patient Education Resources available from the Primary Health Care – Resource Centre

You can also download patient education resources from the COPD section on the <u>Primary</u> <u>Health Care - Resource Centre</u>

- 1. Visit the <u>PHC Resource Centre</u>.
- 2. Under Chronic Diseases & Conditions, go to Cardiovascular Diseases
- 3. Here you'll find Heart Failure resources under Provider Resources and Patient Resources

Last updated: October 2018