Age refers to men 40 years and older, women 50 years and older or postmenopausal, and adults of any age if other risk factors exist.

Troubles refer to troubling diseases such as Rheumatoid Arthritis, Systemic Lupus Erythematosus, Psoriatic Arthritis, Ankylosing Spondylitis, Inflammatory Bowel Disease, Chronic Obstructive Pulmonary Disease, Chronic Kidney Disease, Erectile Dysfunction, Abdominal Aortic Aneurysm, HIV infection.